

Visit to the elderly home by the Social Service Team on 19 April 2024

義工服務--探訪長者中心 (社會服務團)

3A Fung Lok Ying

I obtained lots of inspiration as well as a wonderful experience after the visit to the elderly home. During the communication with the three elderly people that I met with, I found that they are kind and hospitable. I was also glad to see their faces full of happiness. This visit broke my stereotype of thinking that the elderly and the elderly home are boring and such a home is full of silent atmosphere. I have strengthened my commitment and determination to serve others in the foreseeable future.

3A Heung Yin Chun

Today I have had a great experience since I have never been to any elderly home. It was priceless and heart-warming to see smile 😊 on their faces. I was surprised that they talked in a funny tone. I hope we can chat with them next time if time allows. As I have learnt the importance of caring the elderly, spreading the spirit to serve can be inherited by more people.

4A 文樂瑤

透過這次探訪長者中心的活動，我真實地感受到長者們的熱情，也改變了對他們的刻板印象。從前在我的印象裡，或許與長者聊天是一件較為沉悶的事情，但這次我發現他們會特別熱情主動地跟我們說話聊天，收到由同學們親手包裝的禮物，臉上也洋溢著開心的笑容，讓我們特別有滿足感，也希望下次能再參加這麼有意義的活動。

4B 楊其超

這次老人院探訪中，我本來認為他們可能會因年事已高而會臉帶憂愁，然而當我真正進入老人院這個世界後，發現他們是抱著樂觀，掛着笑容地迎接我們。而且，在我們送上探訪禮時，他們更是激動地用肢體表示感激。他們雖有的說話，聆聽已成困難，但都是正面地面對它，總括而言，這是一個難忘的回憶。

5A 劉穎欣

透過今次活動，令我學到了與老人家相處的方法及技巧；而且，過往我們總認為上了年紀的老人頑固不化、難以溝通，現在，我才發現原來並非如此，我們只不過是素未謀面的學生，卻能感受到他們的友善、熱心，對於我們的到訪亦興致勃勃。我實在最十分榮幸，盡自己的微薄之力去幫助、感染他人。

Mr. Y. T. Ma (Teacher-in-charge of the Social Service Team)

Thank you so much for your insights and reflection. Remember: Sharing is caring! ❤️