

# Kwun Tong Government Secondary School

39<sup>th</sup> Annual Sports Day (2024-2025)

Programme (Heats Day) 14 October 2024 (Monday)

<u>Event</u>		<u>No. of</u>	<u>No. of</u>		
<u>No.</u>	<u>Event</u>	<u>Grade/Sex</u>	<u>Competitors</u>	<u>Heats/Final</u>	<u>Time</u>
Flag Raising and Opening Ceremony					
1	High Jump	A Boys		F	9:00
2	Long Jump	C Boys		F	"
3	Shot Put	B Boys		F	"
4	Discus	A Girls		F	
5	800m	A Boys		F	"
6	800m	B Boys		F	"
7	800m	C Boys		F	"
8	800m	A Girls		F	"
9	800m	B Girls		F	"
10	800m	C Girls		F	"
11	Discus	C Girls		F	
12	Triple Jump	A Boys		F	10:00
13	High Jump	B Boys		F	"
14	Shot Put	C Boys		F	"
15	100m	A Boys		H	"
16	100m	B Boys		H	"
17	100m	C Boys		H	"
18	100m	A Girls		H	"
19	100m	B Girls		H	"
20	100m	C Girls		H	"
21	Discus	B Girls		F	
22	High Jump	C Boys		F	
23	Long Jump	B Boys		F	11:00
24	Shot Put	A Boys		F	"
25	400m	A Boys		H	"
26	400m	B Boys		H	"
27	400m	C Boys		H	"
28	400m	A Girls		H	"
29	400m	B Girls		SF	"
30	400m	C Girls		SF	"

**--Lunch Break--**

31	Discus	B Boys	F	
32	Shot Put	B Girls	F	13:00
33	Long Jump	C Girls	F	"
34	High Jump	A Girls	F	"
35	110m Hurdles	A Boys	F	"
36	100m Hurdles	B Boys	F	"
37	100m Hurdles	C Boys	F	"
38	100m Hurdles	A Girls	F	"
39	100m Hurdles	B Girls	F	"
40	100m Hurdles	C Girls	F	"
41	200m	A Boys	H	"
42	200m	B Boys	H	"
43	200m	C Boys	H	"
44	200m	A Girls	H	"
45	200m	B Girls	H	"
46	200m	C Girls	H	"
47	Long Jump	A Boys	F	14:00
48	Inter-class Relay (Junior)	Mixed	F	"
49	Inter-class Relay (Senior)	Mixed	F	"
50	4 x 400m Relay	A Boys	F	"
51	4 x 400m Relay	B Boys	F	15:00
52	4 x 400m Relay	C Boys	F	"
53	4 x 400m Relay	Open Girls	F	"

---End of Heats Day---

Kwun Tong Government Secondary School

39th Annual Sports Day (2024-2025)

Programme (Finals Day) 15 October 2023 (Thursday)

<u>Event</u>	<u>No. of</u>		
<u>No.</u>	<u>Event</u>	<u>Grade/Sex</u>	<u>Competitors</u>
54	1500m	A Boys	08:30
55	1500m	B Boys	"
56	1500m	C Boys	"
57	1500m	A Girls	"
58	1500m	B Girls	"
59	1500m	C Girls	"
60	Triple Jump	B Boys	"
61	Long Jump	A Girls	"
62	High Jump	B Girls	"
63	Shot Put	C Girls	"
64	Discus	C Boys	"
65	200m	A Boys	09:05
66	200m	B Boys	"
67	200m	C Boys	"
68	200m	A Girls	"
69	200m	B Girls	"
70	200m	C Girls	"
71	Long Jump	B Girls	09:30
72	Shot Put	A Girls	"
73	High Jump	C Girls	"
74	Discus	A Boys	"
75	400m	A Boys	"
76	400m	B Boys	"
77	400m	C Boys	"
78	400m	A Girls	"
79	400m	B Girls	"
80	400m	C Girls	"
81	100m	A Boys	10:15
82	100m	B Boys	"
83	100m	C Boys	"
84	100m	A Girls	"
85	100m	B Girls	"
86	100m	C Girls	"
87	4 x 100m Relay	A Boys	10:30
88	4 x 100m Relay	B Boys	"
89	4 x 100m Relay	C Boys	"
90	4 x 100m Relay	A Girls	"
91.	4 x 100m Relay	B Girls	"
92	4 x 100m Relay	C Girls	"
93	PTA Fun Walking Race	Mixed	11:00
94	Services Team Relay	Mixed	"
95	Clubs Relay	Mixed	"
96	S6 and Alumni Relay	Mixed	"
97	Parents & Staff Relay	Mixed	"

---Prize Presentation Ceremony---