

37th Annual SWIMMING GALA 27th October 2023 Kwun Tong Swimming Pool

KWUN TONG GOVERNMENT SECONDARY SCHOOL 37TH ANNUAL SWIMMING GALA (2023-2024) 27th October 2023

GUEST OF HONOUR

Mr. FONG SIU LEUNG
Panel Chairperson of PE Department
S.K.H. Tsang Shiu Tim Secondary School

Acknowledgement

We wish to express our appreciation to the following organizations and persons for their support and assistance to this event.

- -Mr. FONG SIU LEUNG Panel Chairperson of PE Department of S.K.H. Tsang Shiu Tim Secondary School for presenting prizes to winners
- Staff of Kwun Tong Swimming Pool for their co-operation & assistance
- ALL TEACHERS, TAS, CT, TSSO & STUDENT OFFICIALS of the gala
- -Cover Designed by S6D CHAN CHUN NGAN

37th Annual Swimming Gala (2023-2024)

Official List

PRESIDENT

Ms. IP LAI HUNG

REFEREES

Ms. LEUNG FUNG YING (i/c)

Mr. YAU SHING KIT

STARTERS

Mr. CHENG HO YIN (i/c)

Mr. MIAO CHING WANG

Mr. YU HING FAI

Roy, Tim

+ 5 Students

POSITION JUDGES

Ms. LUI MEI KEI (i/c)

Ms. HUI IN MAN

Ms. CHAN WUN LING

Ms. YICK WING WOON

Mr. PHOO TAI WAI

Shelly

+9 Students

MARKSMEN

Ms. CHAN YAN WAI (i/c)

Mr. TONG LIK HANG

Mr. TSE YUK LUN

+6 Students

ANNOUNCERS

Ms. LUK KIT YEE, Ada (i/c)

Ms. KOPMAN DIANE R

Ms. LUI PUI HA

+ 6 Students

VICE-PRESIDENTS

Mr. TSOI WING KEUNG

Mr. CHAN SAI HUNG

Ms. HO YUET WAH

DISCIPLINE

Ms. LAI YUN YAN (i/c)

Mr. MAK YUK MING

+ School Prefects

HOUSE

Ms. YU TSUI WAN

<SING>

Ms. CHEUNG YEE MAN

<SHUN>

Mr. LEE YI LAN

<KAN>

Mr. LEUNG CHEUK MAN

<HIM>

RECEPTION

Mr. TSOI WING KEUNG

Mr. CHAN SAI HUNG

Ms. HO YUET WAH

TIME KEEPERS

Ms. WONG HUN MEE (i/c)

Ms. LAW MAN SZE

Ms. LEE SIU FUNG

Ms. TSUI KA MEI

Ms. WAN HING

Ms. WONG WAI LING

Mr. LEE CHEUK CHUN

Yoyo

+ 15 Students

STROKE JUDGES

Mr. YAU SHING KIT (i/c)

Ms. LEUNG FUNG YING

TURNING AND TAKE OVER JUDGES

Mr. TAM WING CHING (i/c)

Mr. FOK SIU KEI

Tom

COMPETITORS STEWARDS

Ms. LEE MING YEE (i/c)

Mr. CHIU MAN HUNG

Ms. CHU BO YIN

Mr. HO TAK SANG

Ms. LAU WAN YEE

Ms. TSUI MEI HA

Ms. LEE WAI LING

Raggie

+ 13 Students

RECORDERS

+ 2 Students

Ms. CHAN HOI YI (i/c)

Ms. CHAN YUK LAN

Ms. YUEN KAR YEE

Natalie

+ 15 Students

LANDING OFFICERS

Mr. NG MAN HO (i/c)

Mr. TSANG CHUN SHAN

+ 2 Students

DATABASE ADMINISTRATORS

Mr. LUI HIN MING

+ 2 Students

SAFETY OFFICER

Mr. MA YUK TONG

+ Red Cross

PRIZES

Ms. LIU WANG HAN (i/c)

+ 4 Students

GIRL GUIDES

Ms. CHAN YUK LAN

FINISHING POINT RECORDERS

Ms. CHOI WAI SHAN (i/c)

Ms. LEE KING WO

Ms. LIU NGAI TSING

Ms. YEUNG WAI YEE

Alice

+ 10 Students

SCOUTS

Mr. LEE CHEUK CHUN

CAMPUS TV & PHOTOGRAPHERS Mr. LUI HIN MING

+ MPP Club Members

TS REFRESHMENTS & FLOWERS

Ms. YUEN KAR YEE

RUNNERS

Mr. IP KA FAI

Howard, Koey Lo

+ 15 Students

37th Annual Swimming Gala 2023-2024

Instructions to Students

1. Date : 27-10-2023, Friday

2. Place: Kwun Tong Swimming Pool

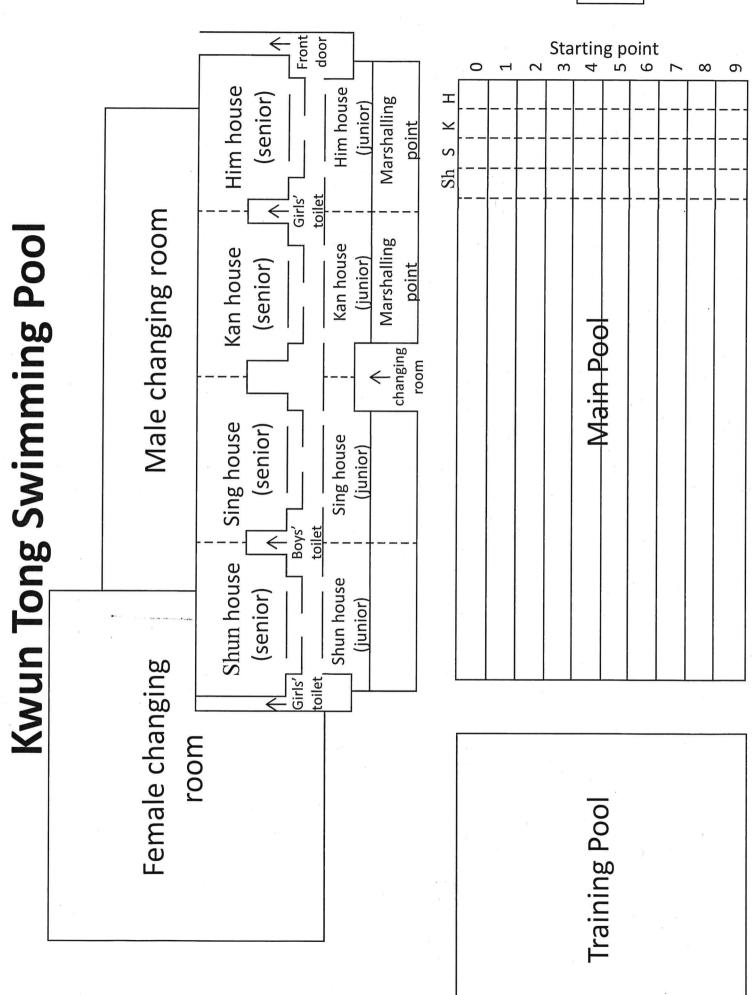
3. Time : 7:45am-2:00pm

- 4. Roll-call: Roll-call will be taken by prefects between 7:30 am and 8:00 am at the entrance of the swimming pool.
- 5. Students are allowed to enter the Spectators' Stand after 7:30 am. Prefects will be there to show them the way.
- 6. Seating Arrangement: Students must take their seats according to their own House. Seats allocated to each House are shown in the attached file.
- 7. Participants are allowed to do warm up exercise at main pool from 8:15am- 8:40am
- 8. The programme will commence at 8:45am
- 9. Students should take good care of their belongings.
- 10. In the event of the public announcement by the Education Bureau that all schools are suspended due to the adverse weather (e.g. typhoon, rainstorm), the Gala will be cancelled.

General Instructions

- 1. Officials: All officials should report at the Marshalling Point at 8:20am. They must **wear clean slippers** when entering the Pool Deck Area.
- 2. Competition Rules: All events will be held in accordance with the competition rules of the Hong Kong Amateur Swimming Association. One Start Rule will be implemented, and all events will be swum in timed final format.
- 3. Marshalling: Competitors must report to the teacher at the Marshalling Point in swimming clothes when their events are called. Each event will be called twice.
- 4. Timings: The Automatic Equipment time installed in Kwun Tong Swimming Pool will be regarded as the official time.
- 5. No competitor is allowed to warm up in the training pool.
- 6. After having completed the race, all competitors must go back to the Spectators' Stand. For those who have two consecutive events, they must go back to the Competitors' Stand to wait for their next event.
- 7. Competitors are advised to be very careful with their belongings. The school will not be responsible for any loss or damage of personal property.
- 8. Competiors are advised to bring along their jackets to keep themselves warm.
- 9. All competitors must wear swimming caps, otherwise, they will **not** be allowed to take part in any event.
- 10. Competitors must be directed to Ms. Leung or Mr. Yau through the House Captains during the course of competition.

First



SWIMMING RECORDS (UP TO THE YEAR 2022-2023)

EVENT	RECORD	HOLDED & VEAD		
Boys A Grade	RECORD	HOLDER & YEAR		
50m Free Style	25.99"	Chan Ho Sum	Н	2005.06
100m Free Style	58.09"		Sh	2005-06
50m Breast Stroke	35.70"	Fung Kin Bun		1990-91
100m Breast Stroke		Tse Wai Ming	K	1995-96
50m Back Stroke	1'19.42"	Fung Kin Bun	Sh	1991-92
	32.17"	Lam Chi Long	Sh	2011-12
50m Butterfly	30.52"	Fung Kin Bun	Sh	1991-92
4x50m Free Style Relay	2'08.52"			1987-88
Boys B Grade				
25m Free Style	15.17"	Hui Shu Wing	<u>S</u>	2022-23
50m Free Style	25.41"	Chan Ho Sum	<u>≃</u> H	2006-07
100m Free Style	1'02.46"	Lam Chi Long	Sh	2009-10
25m Breast Stroke	20.05"	Lam Ka Hin	Н	2022-23
50m Breast Stroke	36.14"	Lam Chi Long	Sh	2009-10
100m Breast Stroke	1'23.64"	Wong Chak Mun	S	1987-88
50m Back Stroke	36.55"	Tang Chik Kwan	Sh	1997-98
50m Butterfly	32.58"	Tong Wai Man	S	1994-95
4x50m Free Style Relay	2'15.07"	Tong war Man	Sh	1987-88
123 om 1 ree Style Relay	2 13.07	•		1907-00
Boys C Grade				
20m Free Style	12.94"	Ko Wah Chun	Sh	2004-05
25m Free Style	18.39"	Ng Pak Long	Sh	2018-19
50m Free Style	27.91"	Ng Sin Hang	S	2022-23
100m Free Style	1'09.90"	Lam Chi Long	Sh	2007-08
20m Breast Stroke	15.14"	Chan Tsz Fung	Н	2004-05
25m Breast Stroke	19.52"	Lau Art	Sh	2022-23
50m Breast Stroke	37.24"	Wong Simon	H	1998-99
100m Breast Stroke	1'28.08"	Wong Simon	Н	1998-99
50m Back Stroke	38.27"	Lam Chi Long	Sh	2007-08
50m Butterfly	46.60"	Tang Chik Kwan	Sh	1995-96
4x50m Free Style Relay	2'27.52"	S and assessment assessment in the second	K	1988-89
		*		
Boys Open Grade	5.4.60m	W. Cl. 1 .) (a	1000.00
1x50m Chin-carry	54.68"	Wong Chak Mun	S	1988-89
1. 70 (11.)	50 500	Chau Man Hau	S	
1x50m Clothing-carry	59.70"	Ng Ho Yin	S	2005-06
1x50m Tired-swimmer-carry	49.41"	Chau Man Hau	S	1992-93
50. D 9	••••	Wong Tim Wah	S	
50m Butterfly	28.99"	Lam Chi Long	Sh	2012-13
50m Back Stroke	40.11"	Chan Toa Toa	S	2022-23
4x50m Individual Medley	2'37.36"	Fung Kin Bun	Sh	1991-92
4x50m Medley Relay	2'30.33"		Sh	1991-92
4x50m Free style	2'04.16"		Н	2000-01
200m Breast Stroke	2'57.21"	Lam Chi Long	Sh	2009-10
200m Free Style	2'15.39"	Lam Chi Long	Sh	2010-11
100m Free Style	1'09.00"	Ng Sin Hang	S	2022-23

EVENT	RECORD	HOLDER & YEAR		
Girls A Grade				
50m Free Style	30.19"	Chan Shuk Ming	Sh	2000-01
100m Free Style	1'11.92"	Chan Shuk Ming	Sh	1999-00
50m Breast Stroke	43.38"	Chan Shuk Ming	Sh	2000-01
100m Breast Stroke	1'41.92"	Sin Po Yiu	S	2002-03
50m Back Stroke	35.28"	Chan Shu Ni	S	2014-15
Girls B Grade				
25 Free Style	18.87"	Yeung Tsz Man	Sh	2022-23
50m Free Style	31.72"	Chan Shuk Ming	Sh	1998-99
100m Free Style	1'16.78"	Chan Shuk Ming	Sh	1998-99
25m Breast Stroke	22.67"	Cheng Cheuk Nam	K	2022-23
50m Breast Stroke	44.34"	Yip Uen Ting	S	2007-08
100m Breast Stroke	1'40.73"	Chan Shuk Ming	Sh	1998-99
50m Back Stroke	49.13"	Wong Tin Lam	Н	1989-90
Girls C Grade				¥.
20m Free Style	14.26"	Huen Kit Ying	Sh	1996-97
25m Free Style	18.04"	Wan Cheuk Wing	K	2018-19
50m Free Style	31.32"	Chan Shuk Ming	Sh	1997-98
100m Free Style	1'15"	Chan Shuk Ming	Sh	1997-98
20m Breast Stroke	17.98"	Ho Tsz Yan	K	2007-08
25m Breast Stroke	26.78"	Wong Fung Yee	Н	2007-08
50m Breast Stroke	44.78"	Yau Cheuk ying	K	2022-23
100m Breast Stroke	1'38.97"	Fong Ka Yi	S	2007-08
50m Back Stroke	1'03.7"	Kwong Wing Kwan	Н	1993-94
Join Buok Stroke	1 03.7	Kwong wing Kwan	11	1773-74
Girls Open Grade				
50m Back	38.99"	Chan Shuk Ming	Sh	1999-00
50m Butterfly	33.20"	Chan Shuk Ming	Sh	2000-01
1x50m Chin-carry	1'11.38"	Ip Man Ching Siu Ching Yu	S S	1994-95
1x50m Clothing-carry	1'15.39"	Ching Wing Yan	S	2005-06
1x50m Tired-swimmer-carry	1'02.15"	Tse Kit Ping	H	1988-89
		Yuen Chi Yan	H	1700 07
4x50m Individual Medley	3'00.04"	Chan Shuk Ming	Sh	1999-00
4x50m Free Style Relay	2'38.47"		S	2013-14
4x50m Medley Relay	2'33.13"		Sh	2000-01
200m Breast Stroke	3'30.97"	Fong Ka Yi	S	2005-06
200m Free Style	3'05.69"	Chan Shu Ni	S	2013-14
100 Free Style	1'21.00"	Wan Cheuk Wing	K	2022-23
Mixed		±2.		
4x50m Inter-club (Free style)	2'01.58"	Swimming &		2000-01
		Life-saving Club		
4x50m Services Team (Free style)	2'15.47"	AYP		1999-00
4x50m Services Team &	2'02.21"	Swimming &		2010-11
Inter-club (Free style)		Life-saving Club		
4x50m Inter-house (Medley)	2'38.21"		H	2001-02
4x50m Inter-house (Free Style)	2'21.29"		S	2022-23
4x25m Inter-house (Free Style)	1'10.88"		S	2022-23

Kwun Tong Government Secondary School 37th Annual Swimming Gala (2023-2024)

RULES AND REGULATIONS

The following rules are extracted from the Hong Kong Amateur Swimming Association and will apply to the School Swimming gala.

1. STARTING

After the Starter has placed the competitors on the starting platforms, he shall give the preparatory command "Take you marks". But shall not give the actual starting signal until he is satisfied that all competitors are perfectly STATIONARY on the platform. FALSE STARTS- "The Starter shall recall the competitors after the first or second false start and shall caution them against starting before the signal on the third attempt. A false start by ANY swimmer in the third attempt of the same (irrespective if the same or another swimmer is the offender) shall disqualify THAT swimmer.

2. FREE STYLE

"A competitor may swim any style or styles and rules relating to Breast Stroke, Butterfly and Back Stroke do not apply. Competitors must complete each lap by making physical contact with the end of the pool with a part of the body - it is not necessary to touch with the hand of the turn."

3. BREAST STROKE

"Both hands must be pushed forward together from the breast on or under the surface of the water and be brought backward simultaneously and symmetrically with lateral extension."

"The body must be kept perfectly on the breast and both shoulders in line with the surface of the water."

"The feet shall be drawn up together, with knees bent and open. The movements shall be continued with a rounded and outward sweep of the feet, bringing the legs together. No vertical movements are allowed after the leg kick.

"All movements of the legs shall be SYMMETRICAL AND IN THE SAME LATERAL PLANE."

"When touching at the turn of on finishing a race the touch shall be made with both hands simultaneously on the same level, with the shoulders in a horizontal position."

"Swimming under the surface of the water is prohibited except for ONE leg kick after the start and after the turn."

4. BACK STROKE

- (a) Competitors shall line up in the water, facing the starting end with both hands on the rails or end of the pool.
- (b) At the signal for the starting they shall push off and swim upon their backs through out the race.
- (c) Foremost hand or arm has touched the end of the course for the purpose of turning, finishing, shall be disqualified.

5. BUTTERFLY

- (a) Both arms must be brought forward together over the water and be brought backward simultaneously and symmetrically.
- (b) The body must be kept perfectly on the breast and both shoulders in line with the surface of the water.
- (c) All movements of the feet must be executed in a simultaneous manner and movements in a vertical plane are permitted.
- (d) When touching at the turn or on finishing a race, the touch shall be with both hands simultaneously on the same level, with the shoulders in the horizontal position.
- (e) At the start, at the turn and also during a race, when a swimmer is in the under-water position, he may be allowed to make one or more leg-kicks.

6. RELAY

The condition of remaining stationary before the start applies to the first swimmer; succeeding swimmers may adopt any position desired, provided they do not leave the starting platform before the incoming swimmer has touched the end of the pool.

7. FOULING

Jostling or swimming across and obstructing another competitor so as to impede his progress shall disqualify the offender, if in the opinion of the Referee such fouling has jeopardized the chance of another swimmer.

37th Annual Swimming Gala (2023-2024) Friday, 27th October, 2023

<u>TIME</u>	NO.	EVENT	GRADE	No. of Competitors	FINAL(S)
8:15		Warm-up		•	
8:45		Opening Ceremony			
9:00	1	100m Free Style	Girls A	3	F
	2	100m Free Style	Boys A	3	F
9:15	3	50m Breast Stroke	Girls A	9	2F
	.4	50m Breast Stroke	Girls B	3	F
	5	50m Breast Stroke	Girls C		F
	6	50m Breast Stroke	Boys A	7	F
	7	50m Breast Stroke	Boys B	9	2F
	8	50m Breast Stroke	Boys C	8	F
9:45	9	50m Free Style	Girls A	12	2F
	10	50m Free Style	Girls B	3	F
*	11	50m Free Style	Girls C	3	F
	12	50m Free Style	Boys A	17	3F
	13	50m Free Style	Boys B	12	2F
	14	50m Free Style	Boys C	10	2F
10:15	15	100m Breast stroke	Girls A	4	F
	16	100m Breast stroke	Boys A	5	F
10:30	17	50m Back Stroke	Girls Open	9	2F
	18	50m Back Stroke	Boys Open	12	2F
10:45	19	50m Butterfly	Boys Open	7	F
	20	50m Butterfly	Girls Open	3	F
11:00	21	4x50m Free Style Relay (Inter-house)	Mixed	•	F
	22	4x50m Free Style Relay (S456)	Mixed		F
11:30	23	25m Free Style	Boys B	22	8F
	24	25m Free Style	Boys C	27	9F
	25	25m Free Style	Girls B	14	5F
	26	25m Free Style	Girls C	14	5F
11:45	27	25m Breast Stroke	Boys B	15	5F
	28	25m Breast Stroke	Boys C	11	4F
	29	25m Breast Stroke	Girls B	15	5F
	30	25m Breast Stroke	Girls C	8	3F
12:00	31	4x25m Free Style Relay (Inter-house)	Mixed		F
	32	4x25m Free Style Relay (S123)	Mixed		F
	33	PTA Fun Race	Mixed		F
	34	4x25m Inter-club Relay	Mixed		F
12:30		Prize Presentation Ceremony	4		*

Kwun Tong Government Secondary School 37th Annual Swimming Gala (2023-2024)

Master Participant List for All Events

			6B(15) K			Ε.		e ii
			10D(13) K	,				
		-						
E	vent No. (2)	Time: 09:	:00	100m FR	EE STYLE	Tr	ack Boys A	Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
_ 1			NG PAK LONG	NG CHI HIN	HUI SHU WING	• 5		
	,		6C(23) SH	6C(22) H	5B(26) S		* *	* **
					м		ì	
Е	vent No. (3)	Time : 09:	15	50m BREAS	ST STROKE	Tra	ack Girls A	Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1	, t	LEE YUEN YI	CHONG YUET TUNG	CHENG CHEUK NAM	CHEUK HOI CHING	LI WING IN		
		6B(8) SH	5C(3) K	5D(1) K	4D(3) S	5B(11) SH	e se	
2			LEE KA YING	CHUI LOK YEE	YEUNG TSZ MAN	WAN CHEUK WING		. 3
	10	,	6A(8) K	5C(4) S	5A(15) SH	NATALIE	= =	
=*				30(1) 0	3A(13) 011	6B(15) K		
Ev	vent No. (4)	Time: 09:	15	50m BREAS	ST STROKE	Tra	ick Girls B	Final
	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
Event			MOK TIK YI	CHAN WING	LEE HIU WA			
Event 1	- +		GRACE	YIU	1			
		-		4A(2) H	4C(9) H			u
		e de la companya de l	GRACE		4C(9) H			
	ent No. (6)	Time: 09:1	GRACE 4D(19) S			Tra	.ck Boys A	

Е	vent No. (6)	Time: 09	15	50m BREA	ST STROKE	Tr	ack Boys A	A Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1	HUI SHU WING	NG MING YIN	AU KIN MING	TSANG PAK HUNG	NG CHI HIN	YE TSZ HIN JACKIE	LAM KA HIN	
	5B(26) S	5C(25) SH	6D(14) S	5C(28) H	6C(22) H	5A(35) H	4B(23) SH	
		,			*	9		
E,	vent No. (7)	Time: 09:	15	50m BREAS	ST STROKE	Tra	ack Boys E	B Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1		WU YIU CHO	WONG KIN SHING	CHAN HEI WANG	CHENG . SHING HIN	NG CHUN HANG		
	· .	4A(34) SH	4E(29) SH	3C(18) H	14(22) 8	24(20) V		
. 2	1.		LAU ART	TO TSZ HIN	4A(22) S CHU LONG WAI	2A(29) K LIN KA HIM		
	*		3C(24) SH	4D(31) H	4C(21) S	3A(29) S		
Ev	vent No. (8)	Time : 09:	15	50m BREAS	ST STROKE	Tra	ack Boys C	Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1	CHU HO MING	CHOW HO LUNG	CHAK HO MAN	SO KAM HONG	YU WING NOK	ZENG CHUI QING	WONG CHEUK YIN	PUN TSZ NOK
	1B(23) H	2D(16) S	1B(19) H	2C(27) H	2D(36) K	1D(24) S	2D(32) K	1C(31) H
Ev	vent No. (9)	Time : 09:	45	50m FRE	E STYLE	Tra	ack Girls A	Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1	A.	CHUI LOK YEE	CHONG YUET TUNG	HO KA YI	CHENG CHEUK NAM	LI WING IN	YEUNG MING SUET	Zano o
8	-	5C(4) S	5C(3) K	4D(7) S	5D(1) K	5B(11) SH	5B(20) S	
2	,	TSE YU HEI	LEE KA YING	YEUNG YAN NI	YEUNG TSZ MAN	MAI CHO KI	WAN CHEUK WING	
		6A(14) K	6A(8) K	6B(18) SH	5A(15) SH	6D(9) S	NATALIE	
		,					6B(15) K	1
		1	(E	50m FRE	E STYLE	Ття	ack Girls B	Final
Eve	ent No. (10)	Time : 09:4	ы	30m 1 103			on one	Tillal
Event	ent No. (10) Lane-1	Time : 09:4 Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8

4A(20) K

3A(18) K

2A(14) H

Event No. (11) 50m FREE STYLE Time: 09:45 Track Girls C Final Event Lane-1 Lane-2 Lane-3 Lane-4 Lane-5 Lane-6 Lane-7 Lane-8 1 CAI XINYI LI PUI SEN LU QIAO XIN 2A(1) S 2A(10) S 1B(12) S 50m FREE STYLE Event No. (12) Time: 09:45 Track Boys A Final Event Lane-1 Lane-2 Lane-3 Lane-4 Lane-5 Lane-6 Lane-7 Lane-8 NG CHI HIN LIANG SIN TSANG PAK XIE CHUN WONG CHI HO KING HEI CHI HUNG HIN NGAI 6C(22) H 4C(23) SH 5B(31) S 5C(28) H 6C(27) SH 6B(34) S 2 YAU TSUN NG PAK AU KIN MING WONG KAM NG MING YIN LIN KA MAN MING LONG ON 6D(14) S 5C(25) SH 6A(28) H 5B(35) S 6C(23) SH 6A(33) SH 3 WONG YU LAI HO MING TSAI CHUN LAM KA HIN **HUI SHU** CHUN WING 5A(21) S 4B(23) SH 6A(35) SH 5B(33) S 5B(26) S 50m FREE STYLE Event No. (13) Time: 09:45 Track Boys B Final Event Lane-1 Lane-2 Lane-3 Lane-4 Lane-5 Lane-6 Lane-7 Lane-8 WONG SIN SHUK FAI LEUNG AN WONG HOI WU YIU CHO TO TSZ HIN HANG KIT HO HEI 4A(34) SH 4D(31) H 4B(31) H 3B(26) S 3D(32) S 4E(27) H 2 CHU CHEUK TSE KA HO CHU LONG LAU ART LIN KA HIM SIU TSZ HEI NGAI WAI 4B(29) K 3C(24) SH 3A(29) S 2B(29) S 4B(16) H 4C(21) S Event No. (14) Time: 09:45 50m FREE STYLE Track Boys C Final Event Lane-1 Lane-2 Lane-3 Lane-4 Lane-5 Lane-6 Lane-7 Lane-8 WONG NGO WONG CHI XU CHEUK YU HO YIN **CHAN TOA FUNG** HUNG HANG TOA 1A(35) K 1C(34) H 2D(33) H 1D(34) SH 2D(15) S 2 **PUN TSZ** GUO SO KAM TAI CHING MAK YU HIN NOK YIZHENG **HONG** HIN 2D(26) SH 1C(31) H 1A(20) K 2C(27) H 2D(29) K 100m BREAST STROKE Event No. (15) Time: 10:15 Track Girls A Final **Event** Lane-1 Lane-2 Lane-3 Lane-4 Lane-5 Lane-6 Lane-7 Lane-8

100m BREAST STROKE Time: 10:15 Track Girls A Final Event No. (15) Lane-7 Lane-8 Event Lane-1 Lane-2 Lane-3 Lane-4 Lane-5 Lane-6 NGO CHEUK YEUNG TSZ CHENG CHEUK HOI 1 MAN CHEUK NAM CHING YING 5A(15) SH 5D(1) K 4D(3) S 6C(11) S 100m BREAST STROKE Time: 10:15 Track Boys A Final Event No. (16) Lane-6 Lane-7 Lane-8 Event Lane-1 Lane-2 Lane-3 Lane-4 Lane-5 NG MING YIN AU KIN MING YE TSZ HIN CHAN HOI TSANG PAK 1 **JACKIE** LEUNG HUNG 6D(14) S 5C(25) SH 5A(35) H 5C(28) H 5C(17) SH 50m BACK STROKE Event No. (17) Time: 10:15 Track Girls O Final Lane-7 Lane-8 Event Lane-6 Lane-1 Lane-2 Lane-3 Lane-4 Lane-5 TSANG CHI CHENG YEUNG TSZ NG SIU LAM 1 CAI XINYI CHEUK NAM MAN SHUN 2A(1) S 5A(10) K 3C(15) S 5D(1) K 5A(15) SH 2 WAN CHEUK WONG FUNG **CHAN WING** LEE HIU WA WING YEE YIU **NATALIE** 4C(9) H 4A(2) H 2A(14) H 6B(15) K 50m BACK STROKE Boys O Event No. (18) Time: 10:15 Track Final Event Lane-1 Lane-2 Lane-3 Lane-4 Lane-5 Lane-6 Lane-7 Lane-8 CHAN HEI WU YIU CHO CHU LONG CHAN TOA TSANG MAN 1 TO TSZ HIN WAI TOA WANG LOK 4D(31) H 4A(34) SH 2D(15) S 3C(18) H 4E(26) SH 4C(21) S LEE KAI HIN LIN KA HIM CHOW HO 2 GUO TAI CHING LAU ART LUNG YIZHENG HIN 3C(24) SH 3A(29) S 1A(28) H 2D(16) S 2D(29) K 1A(20) K 50m BUTTERFLY STROKE Track Boys O Final Event No. (19) Time: 10:30 Event Lane-1 Lane-2 Lane-3 Lane-4 Lane-5 Lane-6 Lane-7 Lane-8 LIN KA HIM **CHU LONG**

CHAN TOA

2D(15) S

TOA

WAI

4C(21) S

3A(29) S

YU HO YIN

1A(35) K

PUN TSZ

1C(31) H

NOK

LAM KA HIN

4B(23) SH

TO TSZ HIN

4D(31) H

								8. *
I	Event No. (20)	Time : 10):30	50m BUTTER	RFLY STROKE	Tr	ack Girls O	Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1			WAN CHEUK WING NATALIE 6B(15) K	CHENG CHEUK NAM 5D(1) K	CHEUNG CHO YIU RIANA 4A(3) K			
Е	Event No. (21)	Time: 10	:45 4x50	m FREE STYL	E RELAY (HO	USE) Tra	ack Mided	Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1			SING	SHUN	KAN	HIM		Zuno o
,	-		(0) S	(0) SH	(0) K	(0) H		,
Е	vent No. (22)	Time: 10:	:45 4x	50m FREE STY	LE RELAY (F4	6) Tra	ack Mided	Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
. 1				4A	6A	6B	A	
*			-, -	(0)	(0)	(0)	4	
-	(00)	7		06 EDE	E OTXI E			
	vent No. (23)	Time: 11:		25m FRE		Tra		Final
Event	Lane-1	Lane-2	Lane-3	25m FRE	E STYLE Lane-5	Tra	ack Boys B	Final Lane-8
Event	Lane-1 LO SZE KIN 2C(25) SH ZHENG ZUO YUAN	Lane-2 LEUNG AN HO 3D(32) S TSANG MAN LOK	Lane-3 CHAN HEI WANG 3C(18) H NG WAI YIN NICHOLAS					
Event 1	Lane-1 LO SZE KIN 2C(25) SH ZHENG ZUO YUAN 3A(36) K	Lane-2 LEUNG AN HO 3D(32) S TSANG MAN LOK 4E(26) SH	Lane-3 CHAN HEI WANG 3C(18) H NG WAI YIN NICHOLAS 3C(27) H					
Event 1	Lane-1 LO SZE KIN 2C(25) SH ZHENG ZUO YUAN	Lane-2 LEUNG AN HO 3D(32) S TSANG MAN LOK	Lane-3 CHAN HEI WANG 3C(18) H NG WAI YIN NICHOLAS					
Event 1	Lane-1 LO SZE KIN 2C(25) SH ZHENG ZUO YUAN 3A(36) K SHUK FAI KIT 3B(26) S	Lane-2 LEUNG AN HO 3D(32) S TSANG MAN LOK 4E(26) SH TSANG SHUN HEI 3D(34) S	Lane-3 CHAN HEI WANG 3C(18) H NG WAI YIN NICHOLAS 3C(27) H WONG HOI HEI 4E(27) H					
Event 1	Lane-1 LO SZE KIN 2C(25) SH ZHENG ZUO YUAN 3A(36) K SHUK FAI KIT	Lane-2 LEUNG AN HO 3D(32) S TSANG MAN LOK 4E(26) SH TSANG SHUN HEI	Lane-3 CHAN HEI WANG 3C(18) H NG WAI YIN NICHOLAS 3C(27) H WONG HOI HEI					
Event 1 2	Lane-1 LO SZE KIN 2C(25) SH ZHENG ZUO YUAN 3A(36) K SHUK FAI KIT 3B(26) S	Lane-2 LEUNG AN HO 3D(32) S TSANG MAN LOK 4E(26) SH TSANG SHUN HEI 3D(34) S	Lane-3 CHAN HEI WANG 3C(18) H NG WAI YIN NICHOLAS 3C(27) H WONG HOI HEI 4E(27) H WONG SIN HANG					
Event 1 2	Lane-1 LO SZE KIN 2C(25) SH ZHENG ZUO YUAN 3A(36) K SHUK FAI KIT 3B(26) S TO TSZ HIN	Lane-2 LEUNG AN HO 3D(32) S TSANG MAN LOK 4E(26) SH TSANG SHUN HEI 3D(34) S WU YIU CHO	Lane-3 CHAN HEI WANG 3C(18) H NG WAI YIN NICHOLAS 3C(27) H WONG HOI HEI 4E(27) H WONG SIN HANG 4B(31) H LAU ART					
Event 1 2 3 4	Lane-1 LO SZE KIN 2C(25) SH ZHENG ZUO YUAN 3A(36) K SHUK FAI KIT 3B(26) S TO TSZ HIN 4D(31) H KHAN	Lane-2 LEUNG AN HO 3D(32) S TSANG MAN LOK 4E(26) SH TSANG SHUN HEI 3D(34) S WU YIU CHO 4A(34) SH CHU LONG	Lane-3 CHAN HEI WANG 3C(18) H NG WAI YIN NICHOLAS 3C(27) H WONG HOI HEI 4E(27) H WONG SIN HANG 4B(31) H					
Event 1 2 3 4	Lane-1 LO SZE KIN 2C(25) SH ZHENG ZUO YUAN 3A(36) K SHUK FAI KIT 3B(26) S TO TSZ HIN 4D(31) H KHAN DANEYAL	Lane-2 LEUNG AN HO 3D(32) S TSANG MAN LOK 4E(26) SH TSANG SHUN HEI 3D(34) S WU YIU CHO 4A(34) SH CHU LONG WAI	Lane-3 CHAN HEI WANG 3C(18) H NG WAI YIN NICHOLAS 3C(27) H WONG HOI HEI 4E(27) H WONG SIN HANG 4B(31) H LAU ART					
Event 1 2 3 4 5	Lane-1 LO SZE KIN 2C(25) SH ZHENG ZUO YUAN 3A(36) K SHUK FAI KIT 3B(26) S TO TSZ HIN 4D(31) H KHAN DANEYAL 3D(24) S	Lane-2 LEUNG AN HO 3D(32) S TSANG MAN LOK 4E(26) SH TSANG SHUN HEI 3D(34) S WU YIU CHO 4A(34) SH CHU LONG WAI 4C(21) S	Lane-3 CHAN HEI WANG 3C(18) H NG WAI YIN NICHOLAS 3C(27) H WONG HOI HEI 4E(27) H WONG SIN HANG 4B(31) H LAU ART 3C(24) SH					

4B(16) H

25m FREE STYLE Event No. (23) Time: 11:15 Track Boys B Event Lane-1 Lane-2 Lane-4 Lane-5 Lane-6 Lane-7 Lane-3 8 KONG YU SIU TSZ HEI CHUN

	4B(21) H	2B(29) S	· v				- 8
Event No. (24)	Time : 11:	15	25m FRE	E STYLE	Tra	ack Boys C	C Final

		4 .		×				
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1	MUHAMMAD USMAN	XU CHEUK HANG	WONG CHI HUNG	,				
	1C(29) H	1D(34) SH	2D(33) H					n -
2	CHIU PAK LONG 2B(20) K	CHAN TOA TOA 2D(15) S	HUANG CHUEN HONG LUTHER	-				
	2B(20) K	2D(13) 3	2D(19) SH		-			* *
3	YU WING NOK	WONG NGO FUNG	SO KAM HONG				· 1	* A - * * * * * * * * * * * * * * * * *
	2D(36) K	1C(34) H	2C(27) H					
4	CHEUNG WAN HEI	NG LONG YAT	SO KWUN SHUI JIMMY		0			7
	2B(19) SH	1C(30) S	2C(28) K		Ŷ			140
5 ·	TAI CHING HIN	CHAN KING HO	HUI PAK NAM TIGER	-			-	
-	2D(29) K	2B(17) SH	2D(20) S	*	*	9	5.8	2
6	GONG CHING HOI	ZENG CHUI QING	CHOW HUNG HEI LUCAS	g ÷	u .			,
	1C(22) H	1D(24) S	2D(17) SH	,			s	- i
7	MAK YU HIN	CHOY KING HO	WONG CHEUK YIN		*			
	2D(26) SH	2A(20) K	2D(32) K		,			,
8	LEE KAI HIN	MEHMOOD SODAIS	PUN TSZ NOK					
	1A(28) H	1C(28) S	1C(31) H					
9	CHU HO MING	ZENG ZHENXUAN	HASSAN MUHAMMAD	,		ų.		
	1B(23) H	1D(36) K	2B(21) SH		a a			

Ev	vent No. (25)	Time: 11:15 25m FR		25m FRE	E STYLE	Tra	ack Girls E	Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8

Final

Lane-8

Event No. (25) 25m FREE STYLE Time: 11:15 Track Girls B Final Event Lane-1 Lane-2 Lane-3 Lane-4 Lane-5 Lane-6 Lane-7 Lane-8 HE YIU KA CHAN HIU KI TSANG CHI SHUN 2D(4) SH 4C(1) K 3C(15) S YOUNG SEN 2 NG CHOCCO TONG TSZ KAM **TUNG** 2B(12) S 4A(20) K 4A(15) S WONG FUNG 3 CHUCK HIU **CHEUNG** YEE CHO YIU TUNG RIANA 2A(14) H 4A(4) H 4A(3) K 4 WAN WAI SHI NGA **CHAN WING** TUNG LAM YIU 3A(18) K 4A(14) S 4A(2) H 5 LEE HIU WA CEN **ZHAOWEN** 4C(9) H 2A(2) SH Event No. (26) 25m FREE STYLE Time: 11:15 Track Girls C Final

			·	_				
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1	WONG HAM FEI	LI PUI SEN	CHAN SZE NAM		r ur r			
	2D(10) S	2A(10) S	1A(1) K	,	-			
2	WU HIU SHUEN	LU QIAO XIN	MOK FONG TING	×	,	-		
	1B(18) SH	1B(12) S	1C(11) SH					
3	CHEUNG KA YAN	LO CHIN WAI	LAU YUET YIN			,		
	1D(3) S	1A(12) SH	1B(9) SH	_				
4	NG CHING MAN	YUAN KEYAN	CAI XINYI	8 _	*			
	2B(11) H	1C(16) S	2A(1) S	:		n -	-	
5		YAU CHING FEI	LAI HIU TUNG					
		1A(17) K	2C(9) SH		ü	ý	*	,

25m BREAST STROKE Event No. (27) Time: 11:45 Track Boys B Final Event Lane-1 Lane-2 Lane-3 Lane-4 Lane-5 Lane-6 Lane-7 Lane-8 CHENG LEUNG AN CHAN HEI SHING HIN HO WANG

E	vent No. (27)	Time: 11	:45	25m BREA	ST STROKĖ	Tr	ack Boys I	B Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
						E 0		5
	4A(22) S	3D(32) S	3C(18) H	ja ja		2	*	
2	WONG HOI HEI	TSANG MAN	NG WAI YIN NICHOLAS					-
'		5						-
3	4E(27) H NG CHUN	4E(26) SH WONG KAM	3C(27) H WONG KIN					8
3	HANG	KIT	SHING	,		x	a.	
	2A(29) K	2A(34) K	4E(29) SH	· ·				
4	LIN KA HIM	WONG SIN HANG	LEE CHING IP	. *				ř
	3A(29) S	4B(31) H	4B(24) K				*	.).
5	CHU CHEUK	FAN CHI HO	TONG CHUN					
	NGAI		MING	,			=	
	4B(16) H	4B(18) S	4B(28) S				,	
	ş =		9					
Ev	ent No. (28)	Time: 11:	45	25m BREAS	T'STROKE	Tra	ack Boys C	Final
	UNIT (20)] ''	13			116	ick Doys C	Tillal
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1	CHAN TOA TOA	XU CHEUK HANG	YU HO YIN	* - ·			* *	w
	2D(15) S	1D(34) SH	1A(35) K		a			
2	CHAN KING HO	YU WING NOK	LEE KAI HIN					· · · · · · · · · · · · · · · · · · ·
			1A(28) H				* * *	
3	2B(17) SH ZENG CHUI	2D(36) K CHAK HO	TAI CHING			-		
	QING	MAN	HIN		-	U		_*
	1D(24) S	1B(19) H	2D(29) K				-	· .
4		CHOW HUNG HEI LUCAS	CHU HO MING				×	· .
			WIING		,		p.	
	*	2D(17) SH	1B(23) H		· · · · · ·			
	ğ					÷		
Eve	ent No. (29)	Time: 11:	45	25m BREAS	T STROKE	Tra	ick Girls B	Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1	LAU WING LAM RAINIE	TSANG SZE	TSANG CHI					
i	PAIN KAINIE	YIN	SHUN	34				-
I								
	4D(11) K	3D(16) H	3C(15) S		Ţ.			
2	4D(11) K CHUCK HIU TUNG	3D(16) H YOUNG SEN KAM	3C(15) S WONG WAN SHUN MAVIS		<i>t</i>	e e	r _ =	

Event No. (27)

F	Event No. (29)	Time: 1	1:45	25m BREA	ST STROKE	T	rack Girls	B Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
3	CHEUNG CHO YIU RIANA 4A(3) K	LIN KAILAN 4A(11) SH	XIAO HONG YU 4B(9) SH	-				Zimio 0
4	CHAN WING YIU	WONG FUNG YEE	SHI NGA LAM	, ,			i.	
5	4A(2) H MOK TIK YI GRACE	2A(14) H WAN WAI TUNG	4A(14) S LEE HIU WA					
140	4D(19) S	3A(18) K	4C(9) H					
Ev	vent No. (30)	Time: 11	45	25m BREA	ST STOKE	Tr	ack Girls C	C Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1	WONG HAM FEI	NG CHING MAN	CHAN NGO CHI					
	2D(10) S	2B(11) H	2B(1) H		.50			
2	LEE CHEUK TUNG	MOK FONG TING	LO CHIN WAI	ç	•			
	2D(8) SH	1C(11) SH	IA(12) 311		,	*.	*	
3		YAU CHING FEI 1A(17) K	HSU SZE NGA 1D(6) SH					
		111(11) K	10(0) 311					
Ev	ent No. (31)	Time : 12:	15 4x25	om FREE STYLI	E RELAY (HOU	JSE) Tra	ack Mided	Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1	HIM	KAN	SING	SHUN				
4	(0) H	(0) K	(0) S	(0) SH	j		u 	
	7							
Eve	ent No. (32)	Time: 12:	15	4x25m REL	AY (F1-3)	Tra	ack Mided	Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1	3C	2A	2B		-			
	(0)	(0)	(0)				-	
			,		. *			
Eve	ent No. (34)	Time: 12:	15	Club I	Relay	Tra	ack Mided	Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8

Event No. (34)

Time: 12:15

Club Relay

Track

Mided

Final

Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1	Choir	CO	Maths	Football and Volleyball	-, ,		A T	Y ₁
	(0)	(0)	(0)	(0)				ı