38TH ANNUAL SWIMMING GALA



DATE: 4TH OCTOBER, 2024
VENUS: KWUN TONG SWIMMING POOL

KWUN TONG GOVERNMENT SECONDARY SCHOOL 38TH ANNUAL SWIMMING GALA (2024-2025)

4th October 2024

GUEST OF HONOUR

Mr. CHENG WING TUNG
Resident trainee, Department of O&G
Kwong Wah Hospital

Acknowledgment

We wish to express our appreciation to the following organizations and persons for their support and assistance to this event.

- Mr. CHENG WING TUNG, Resident trainee, Department of O&G, Kwong Wah Hospital for presenting prizes to winners
- Staff of Kwun Tong Swimming Pool for their co-operation & assistance
- ALL TEACHERS, TAS, & STUDENT OFFICIALS of the gala
- -Pamphlet Cover Designed by S5E TSANG MAN LOK

38th Annual Swimming Gala (2024-2025)

Official List

PRESIDENT

Ms. IP LAI HUNG

REFEREES

Ms. LEUNG FUNG YING (i/c)

Mr. YAU SHING KIT

STARTERS

Mr. CHENG HO YIN (i/c)

Mr. NG CHI SHING

Mr. TSE TAN FAI

+ 4 Students

POSITION JUDGES

Mr. PHOO TAI WAI (i/c)

Ms. CHAN WUN LING

Ms. CHOI YEE TUEN

Ms. LUI MEI KEI

Ms. YICK WING WOON

Ms. MOK WING MAN

Ms. YU TSUI WAN

Maggie

+8 Students

MARKSMEN

Ms. CHAN YAN WAI (i/c)

Ms. CHUNG HIU CHUN

Mr. TSE YUK LUN

+8 Students

ANNOUNCERS

Ms. LUK KIT YEE, Ada (i/c)

Ms. LUI PUI HA

Ms. POON SIU PIK

+ 8 Students

VICE-PRESIDENTS

Mr. CHAN SAI HUNG

Ms. LAM YIN FUNG

Ms. WONG MAN WAI

DISCIPLINE

Ms. LAI YUN YAN (i/c)

Mr. MAK YUK MING

+ School Prefects

HOUSE

Ms. LIU NGAI TSING

<SING>

Ms. YEUNG WAI YEE

<SHUN>

Mr. LEE YI LAN

<KAN>

Mr. LEUNG CHEUK MAN

<HIM>

RECEPTION

Mr. CHAN SAI HUNG

Ms. LAM YIN FUNG

Ms. WONG MAN WAI

TIME KEEPERS

Ms. WONG HUN MEE (i/c)

Ms. LAW MAN SZE

Ms. LEE SIU FUNG

Mr. LAU YUI KEI

Ms. TSUI KA MEI

Ms. WAN HING

Ms. WONG WAI LING

Yo Yo, Meya

+ 12 Students

STROKE JUDGES

Mr. YAU SHING KIT (i/c)
Ms. LEUNG FUNG YING

Joyce, Kathy

COMPETITORS STEWARDS

Ms. LEE MING YEE (i/c)

Mr. CHIU MAN HUNG

Mr. HUI WAI YAM

Ms. HO YUET WAH

Mr. LI HIU CHUN

Ms. TSUI MEI HA

Ms. LEE WAI LING

Raggie

+ 12 Students

LANDING OFFICERS

Mr. NG MAN HO (i/c)

Mr. TSANG CHUN SHAN

+ 2 Students

SAFETY OFFICER

Mr. MA YUK TONG

+ Red Cross

FINISHING POINT RECORDERS

Ms. CHOI WAI SHAN (i/c)

Ms. LAU WAN YEE

Ms. LEE KING WO

Ms. LEE PUI MAN

+ 8 Students

RUNNERS

Mr. MAK CHIN HO

Howard

+ 14 Students

TURNING AND TAKE OVER JUDGES

Mr. FOK SIU KEI (i/c)

Ms. HO CHUI YUK

+ 2 Students

RECORDERS

Ms. YUEN KAR YEE (i/c)

Ms. CHAN YUK LAN

+ 18 Students

DATABASE ADMINISTRATORS

Mr. LUI HIN MING

+ 2 Students

PRIZES

Ms. LIU WANG HAN

+ 4 Students

GIRL GUIDES

Ms. CHAN YUK LAN

SCOUTS

Mr. MAK CHIN HO

CAMPUS TV & PHOTOGRAPHERS

Mr. LUI HIN MING

+ MPP Club Members

REFRESHMENTS

Ms. YUEN KAR YEE

38th Annual Swimming Gala 2024-2025

Instructions to Students

1. Date : 4-10-2024, Friday

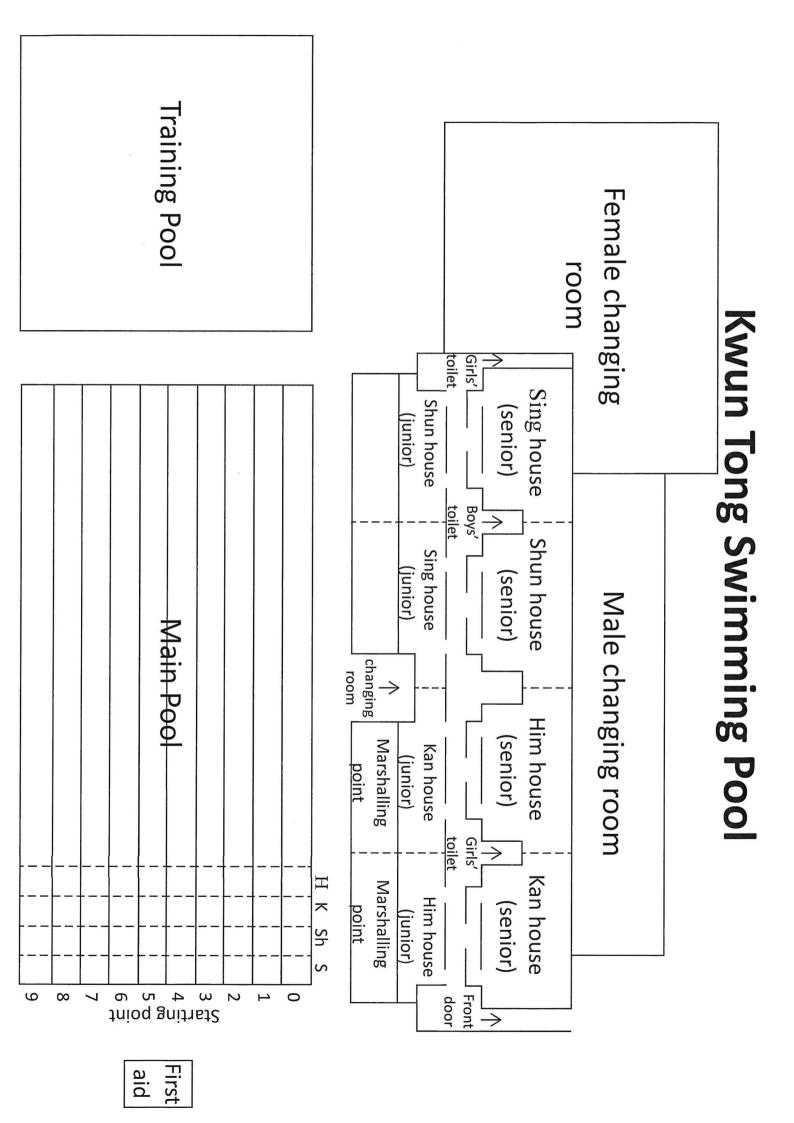
2. Place: Kwun Tong Swimming Pool

3. Time : 7:45 am-2:00 pm

- 4. Roll-call: Prefects will take the roll-call between 7:30 am and 8:00 am at the swimming pool entrance.
- 5. Students are allowed to enter the Spectators' Stand after 7:30 am. Prefects will be there to show them the way.
- 6. Seating Arrangement: Students must take their seats according to their own House. Seats allocated to each House are shown in the attached file.
- 7. Participants are allowed to do warm-up exercises at the main pool from 8:15 am-8:40 am
- 8. The programme will commence at 8:45 am
- 9. Students should take good care of their belongings.
- 10. In the event of the public announcement by the Education Bureau that all schools are suspended due to the adverse weather (e.g. typhoon, rainstorm), the Gala will be cancelled.

General Instructions

- 1. Officials: All officials should report at the Marshalling Point at 8:20 am. They must **wear clean slippers** when entering the Pool Deck Area.
- 2. Competition Rules: All events will be held under the competition rules of the Hong Kong Amateur Swimming Association. One Start Rule will be implemented, and all events will have swum in a timed final format.
- 3. Marshalling: Competitors must report to the teacher at the Marshalling Point in swimming clothes when their events are called. Each event will be called twice.
- 4. Timings: The Automatic Equipment time installed in Kwun Tong Swimming Pool will be regarded as the official time.
- 5. No competitor is allowed to warm up in the training pool.
- 6. After having completed the race, all competitors must go back to the Spectators' Stand. For those who have two consecutive events, they must go back to the Competitors' Stand to wait for their next event.
- 7. Competitors are advised to be very careful with their belongings. The school will not be responsible for any loss or damage to personal property.
- 8. Competitors are advised to bring along their jackets to keep themselves warm.
- 9. All competitors must wear swimming caps, otherwise, they will **not** be allowed to take part in any event.
- 10. Competitors must be directed to Ms. Leung or Mr. Yau through the House Captains during the competition.



SWIMMING RECORDS (UP TO THE YEAR 2023-2024)

EVENT	RECORD	HOLDER & YEAR		
Boys A Grade				
50m Free Style	25.99"	Chan Ho Sum	H	2005-06
100m Free Style	58.09"	Fung Kin Bun	Sh	1990-91
50m Breast Stroke	35.70"	Tse Wai Ming	K	1995-96
100m Breast Stroke	1'19.42"	Fung Kin Bun	Sh	1991-92
50m Back Stroke	32.17"	Lam Chi Long	Sh	2011-12
50m Butterfly	30.52"	Fung Kin Bun	Sh	1991-92
4x50m Free Style Relay	2'08.52"			1987-88
Boys B Grade				
25m Free Style	13.87"	Lau Art	<u>Sh</u>	2023-24
50m Free Style	25.41"	Chan Ho Sum	H	2006-07
100m Free Style	1'02.46"	Lam Chi Long	Sh	2009-10
25m Breast Stroke	20.05"	Lam Ka Hin	H	2022-23
50m Breast Stroke	36.14"	Lam Chi Long	Sh	2009-10
100m Breast Stroke	1'23.64"	Wong Chak Mun	S	1987-88
50m Back Stroke	36.55"	Tang Chik Kwan	Sh	1997-98
50m Butterfly	32.58"	Tong Wai Man	S	1994-95
4x50m Free Style Relay	2'15.07"		Sh	1987-88
Boys C Grade				
20m Free Style	12.94"	Ko Wah Chun	Sh	2004-05
25m Free Style	13.76"	Tai Ching Hin	K	2023-24
50m Free Style	30.19"	Ng Sin Hang	S	2022-23
100m Free Style	1'09.90"	Lam Chi Long	Sh	2007-08
20m Breast Stroke	15.14"	Chan Tsz Fung	H	2004-05
25m Breast Stroke	19.02"	Tai Ching Hin	K	2023-24
50m Breast Stroke	37.24"	Wong Simon	H	1998-99
100m Breast Stroke	1'28.08"	Wong Simon	H	1998-99
50m Back Stroke	38.27"	Lam Chi Long	Sh	2007-08
50m Butterfly	46.60"	Tang Chik Kwan	Sh	1995-96
4x50m Free Style Relay	2'27.52"	Tung Chik Tevani	K	1988-89
Boys Open Grade	54.600	*** 01.1.16	C	1000 00
1x50m Chin-carry	54.68"	Wong Chak Mun	S	1988-89
		Chau Man Hau	S	
1x50m Clothing-carry	59.70"	Ng Ho Yin	S	2005-06
1x50m Tired-swimmer-carry	49.41"	Chau Man Hau	S	1992-93
		Wong Tim Wah	S	
50m Butterfly	28.99"	Lam Chi Long	Sh	2012-13
50m Back Stroke	38.19"	Chu Long Wai	S	2023-24
4x50m Individual Medley	2'37.36"	Fung Kin Bun	Sh	1991-92
4x50m Medley Relay	2'30.33"		Sh	1991-92
4x50m Free style	2'04.16"		H	2000-01
200m Breast Stroke	2'57.21"	Lam Chi Long	Sh	2009-10
200m Free Style	2'15.39"	Lam Chi Long	Sh	2010-11
100m Free Style	1'09.00"	Ng Sin Hang	S	2022-23
-				

<u>EVENT</u>	RECORD	HOLDER & YEAR		
Girls A Grade				
50m Free Style	30.19"	Chan Shuk Ming	Sh	200
100m Free Style	1'11.92"	Chan Shuk Ming	Sh	199
50m Breast Stroke	43.38"	Chan Shuk Ming	Sh	200
100m Breast Stroke	1'41.92"	Sin Po Yiu	S	200
50m Back Stroke	35.28"	Chan Shu Ni	S	201
Girls B Grade				
25 Free Style	17.94"	Tsang Chi Shun	S	202
50m Free Style	31.72"	Chan Shuk Ming	Sh	199
100m Free Style	1'16.78"	Chan Shuk Ming	Sh	199
25m Breast Stroke	22.49"	Lee Hiu Wa	Н	202
50m Breast Stroke	44.34"	Yip Uen Ting	S	200
100m Breast Stroke	1'40.73"	Chan Shuk Ming	Sh	199
50m Back Stroke	49.13"	Wong Tin Lam	Н	198
Girls C Grade				
20m Free Style	14.26"	Huen Kit Ying	Sh	199
25m Free Style	18.04"	Wan Cheuk Wing	K	201
50m Free Style	31.32"	Chan Shuk Ming	Sh	199
100m Free Style	1'15"	Chan Shuk Ming	Sh	199
20m Breast Stroke	17.98"	Ho Tsz Yan	K	200
25m Breast Stroke	26.78"	Wong Fung Yee	H	202
50m Breast Stroke	44.78"	Yau Cheuk ying	K	200
100m Breast Stroke	1'38.97"	Fong Ka Yi	S	200
50m Back Stroke	1'03.7"	Kwong Wing Kwan	H	199
Girls Open Grade				
50m Back	38.99"	Chan Shuk Ming	Sh	199
50m Butterfly	33.20"	Chan Shuk Ming	Sh	200
1x50m Chin-carry	1'11.38"	Ip Man Ching	S	199
,		Siu Ching Yu	S	
1x50m Clothing-carry	1'15.39"	Ching Wing Yan	S	200
1x50m Tired-swimmer-carry	1'02.15"	Tse Kit Ping	H	198
and an area symmetrically	1 02.15	Yuen Chi Yan	H	170
4x50m Individual Medley	3'00.04"	Chan Shuk Ming	Sh	199
4x50m Free Style Relay	2'38.47"	Chan bhak wing	S	201
4x50m Medley Relay	2'33.13"		Sh	200
200m Breast Stroke	2 33.13 3'30.97"	Fong Ka Yi		200
		•	S	
200m Free Style 100 Free Style	3'05.69" 1'21.00"	Chan Shu Ni Wan Cheuk Wing	S K	201 202
Mixed				
4x50m Inter-club (Free style)	2'01.58"	Swimming &		200
oin inter-orac (1 100 style)	2 01.50	Life-saving Club		200
4x50m Services Team (Free style)	2'15.47"	A Y P		199
4x50m Services Team (Tree style) 4x50m Services Team &	2'02.21"	Swimming &		201
Inter-club (Free style)	2 02.21	Life-saving Club		201
, , ,	2,20 21,1	Life-saving Club	ŢŢ	200
	2'38.21"		H	200
	2221 2022			
4x50m Inter-house (Medley) 4x50m Inter-house (Free Style) 4x25m Inter-house (Free Style)	2'21.29" 1'10.88"		S S	202 202

Kwun Tong Government Secondary School 38th Annual Swimming Gala (2024-2025)

RULES AND REGULATIONS

The following rules are extracted from the Hong Kong Amateur Swimming Association and will apply to the School Swimming gala.

1. STARTING

After the Starter has placed the competitors on the starting platforms, he shall give the preparatory command "Take you marks". But shall not give the actual starting signal until he is satisfied that all competitors are perfectly STATIONARY on the platform. FALSE STARTS- "The Starter shall recall the competitors after the first or second false start and shall caution them against starting before the signal on the third attempt. A false start by ANY swimmer in the third attempt of the same (irrespective if the same or another swimmer is the offender) shall disqualify THAT swimmer.

2. FREE STYLE

"A competitor may swim any style or styles and rules relating to Breast Stroke, Butterfly and Back Stroke do not apply. Competitors must complete each lap by making physical contact with the end of the pool with a part of the body - it is not necessary to touch with the hand of the turn."

3. BREAST STROKE

"Both hands must be pushed forward together from the breast on or under the surface of the water and be brought backward simultaneously and symmetrically with lateral extension."

"The body must be kept perfectly on the breast and both shoulders in line with the surface of the water."

"The feet shall be drawn up together, with knees bent and open. The movements shall be continued with a rounded and outward sweep of the feet, bringing the legs together. No vertical movements are allowed after the leg kick.

"All movements of the legs shall be SYMMETRICAL AND IN THE SAME LATERAL PLANE."

"When touching at the turn of on finishing a race the touch shall be made with both hands simultaneously on the same level, with the shoulders in a horizontal position."

"Swimming under the surface of the water is prohibited except for ONE leg kick after the start and after the turn."

4. BACK STROKE

- (a) Competitors shall line up in the water, facing the starting end with both hands on the rails or end of the pool.
- (b) At the signal for the starting they shall push off and swim upon their backs through out the race.
- (c) Foremost hand or arm has touched the end of the course for the purpose of turning, finishing, shall be disqualified.

5. BUTTERFLY

- (a) Both arms must be brought forward together over the water and be brought backward simultaneously and symmetrically.
- (b) The body must be kept perfectly on the breast and both shoulders in line with the surface of the water.
- (c) All movements of the feet must be executed in a simultaneous manner and movements in a vertical plane are permitted.
- (d) When touching at the turn or on finishing a race, the touch shall be with both hands simultaneously on the same level, with the shoulders in the horizontal position.
- (e) At the start, at the turn and also during a race, when a swimmer is in the under-water position, he may be allowed to make one or more leg-kicks.

6. RELAY

The condition of remaining stationary before the start applies to the first swimmer; succeeding swimmers may adopt any position desired, provided they do not leave the starting platform before the incoming swimmer has touched the end of the pool.

7. FOULING

Jostling or swimming across and obstructing another competitor so as to impede his progress shall disqualify the offender, if in the opinion of the Referee such fouling has jeopardized the chance of another swimmer.

38th Annual Swimming Gala (2024-2025)

Friday, 4th October, 2024

TIME	NO.	EVENT	<u>GRADE</u>	No. of Competitors	FINAL(S)
8:15		Warm-up			
8:45		Opening Ceremony			
9:00	1	100m Free Style	Girls A		F
	2	100m Free Style	Boys A	5	F
	3	100m Free Style	Girls B		F
	4	100m Free Style	Boys B	5	F
9:20	5	50m Breast Stroke	Girls A	9	2F
	6	50m Breast Stroke	Girls B	8	F
	7	50m Breast Stroke	Girls C		F
	8	50m Breast Stroke	Boys A	12	2F
	9	50m Breast Stroke	Boys B	12	2F
	10	50m Breast Stroke	Boys C	7	F
10:00	11	50m Free Style	Girls A	10	2F
	12	50m Free Style	Girls B	7	F
	13	50m Free Style	Girls C	5	F
	14	50m Free Style	Boys A	22	3F
	15	50m Free Style	Boys B	18	3F
	16	50m Free Style	Boys C	8	F
10:30	17	100m Breast stroke	Girls A		F
	18	100m Breast stroke	Boys A	5	F
	19	100m Breast stroke	Girls B		F
	20	100m Breast stroke	Boys B	3	F
10:50	21	50m Back Stroke	Girls Open	5	F
	22	50m Back Stroke	Boys Open	9	2F
11:00	23	50m Butterfly	Boys Open	3	F
	24	50m Butterfly	Girls Open	3	F
11:10	25	4x50m Free Style Relay (Inter-house)	Mixed		F
	26	4x50m Free Style Relay (S456)	Mixed		F
11:30	27	25m Free Style	Girls C	19	7F
	28	25m Free Style	Boys C	24	8F
11:45	29	25m Breast Stroke	Girls C	8	3F
	30	25m Breast Stroke	Boys C	12	4F
12:00	31	4x25m Free Style Relay (Inter-house)	Mixed		\mathbf{F}
	32	4x25m Free Style Relay (S123)	Mixed		F
	33	PTA Fun Race	Mixed		F
	34	4x25m Inter-club Relay	Mixed		F
12:30		Prize Presentation Ceremon	y		

Kwun Tong Government Secondary School 38th Annual Swimming Gala (2024-2025)

Master Participant List for All Events

Event Lane-1	Е	Event No. (2)	Time: 09:	00	100m FRE	E STYLE	Tr	ack Boys A	Final
Event No. (4) Time: 09:00 100m FREE STYLE Track Boys B Final	Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
Event No. (4) Time: 09:00 100m FREE STYLE Track Boys B Final	1			A	To see the second second second second				
Event Lane-1 Lane-2 Lane-3 Lane-4 Lane-5 Lane-6 Lane-7 Lane-8			6A(23) SH	5C(21) S	6C(28) H	5A(34) SH	5E(15) K		
Event Lane-1 Lane-2 Lane-3 Lane-4 Lane-5 Lane-6 Lane-7 Lane-8									
NAK YU HIN SHUK FAI KIT HO TOA TAI CHING HIN 3D(30) SH 4D(26) S 4B(31) S 3B(16) S 3D(33) K Event No. (5) Time: 09:20 S0m BREAST STROKE Track Girls A Final Event Lane-1 Lane-2 Lane-3 Lane-4 Lane-5 Lane-6 Lane-7 Lane-8 1	E	Event No. (4)	Time: 09:	00	100m FRE	E STYLE	Tra	ack Boys B	Final
Signature Sign	Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
Event No. (5) Time : 09:20 50m BREAST STROKE Track Girls A Final	1		MAK YU HIN	1.00 (Decompose	79-327 SE	A CONTRACTOR OF	\$40000000000		
Event Lane-1 Lane-2 Lane-3 Lane-4 Lane-5 Lane-6 Lane-7 Lane-8			3D(30) SH	4D(26) S	4B(31) S	3B(16) S	3D(33) K		
YOUNG SEN	E	ivent No. (5)	Time : 09:	20	50m BREAS	T STROKE	Tra	ack Girls A	Final
KAM	Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
2 XIAO HONG YU YEUNG TSZ MAN LIN KAILAN SA(11) SH LEE HIU WA SA(11) SH SC(9) H Event No. (6) Time : 09:20 50m BREAST STROKE Track Girls B Final Event Lane-1 Lane-2 Lane-3 Lane-4 Lane-5 Lane-6 Lane-7 Lane-8 1 LAM NGA YAN WONG FUNG SHIQI MAN YIN TSANG SZE TSANG CHI SHUN WAN WAI TUNG ZHAOWEN 2A(11) H 3A(13) H 2C(4) S 3B(11) H 4B(17) H 4D(15) S 4B(18) K 3A(1) SH Event No. (8) Time : 09:20 50m BREAST STROKE Track Boys A Final Event Lane-1 Lane-2 Lane-3 Lane-4 Lane-5 Lane-6 Lane-7 Lane-8 1 WONG KIN SHING TSANG MAN LOK CHAN HOI LEUNG CHENG SHING HIN WONG HOI HEI WU YIU CHO SA(34) SH	1		College Strategy property and the company of		II. TOPPOSITION TOWNS YOUR				
Event No. (6) Time : 09:20 S0m BREAST STROKE Track Girls B Final			5A(20) K	6C(4) S	6D(1) K	5D(11) K	6C(14) K		
Event No. (6) Time : 09:20 50m BREAST STROKE Track Girls B Final Event Lane-1 Lane-2 Lane-3 Lane-4 Lane-5 Lane-6 Lane-7 Lane-8 1 LAM NGA YAN WONG FUNG SHIQI MAN YIN TSANG SZE TSANG CHI SHUN WAN WAI TUNG ZHAOWEN 2A(11) H 3A(13) H 2C(4) S 3B(11) H 4B(17) H 4D(15) S 4B(18) K 3A(1) SH Event No. (8) Time : 09:20 50m BREAST STROKE Track Boys A Final Event Lane-1 Lane-2 Lane-3 Lane-4 Lane-5 Lane-6 Lane-7 Lane-8 1 WONG KIN SHING TSANG MAN CHAN HOI LEUNG CHENG SHING HIN HEI WONG HOI WU YIU CHO SHING HING HING HING HING SHING HING SHING HING SHING SHING HING SHING	2					LIN KAILAN	LEE HIU WA		
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1 LAM NGA YEE SHIQI NG CHING MAN TING SZE TSANG CHI SHUN TUNG ZHAOWEN 2A(11) H 3A(13) H 2C(4) S 3B(11) H 4B(17) H 4D(15) S 4B(18) K 3A(1) SH Event No. (8) Time: 09:20 50m BREAST STROKE Track Boys A Final Event Lane-1 Lane-2 Lane-3 Lane-4 Lane-5 Lane-6 Lane-7 Lane-8 1 WONG KIN SHING TSANG MAN CHAN HOI LEUNG SHING HIN HEI 5A(34) SH	E	vent No. (6)	Time : 09:2	20	50m BREAS	T STROKE	Tra	ack Girls B	Final
YAN YEE SHIQI MAN YIN SHUN TUNG ZHAOWEN 2A(11) H 3A(13) H 2C(4) S 3B(11) H 4B(17) H 4D(15) S 4B(18) K 3A(1) SH Event No. (8) Time: 09:20 50m BREAST STROKE Track Boys A Final Event Lane-1 Lane-2 Lane-3 Lane-4 Lane-5 Lane-6 Lane-7 Lane-8 1 WONG KIN SHING TSANG MAN LOK CHAN HOI LEUNG CHENG SHING HIN WONG HOI HEI WU YIU CHO SA(34) SH	Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
Event No. (8) Time: 09:20 50m BREAST STROKE Track Boys A Final Event Lane-1 Lane-2 Lane-3 Lane-4 Lane-5 Lane-6 Lane-7 Lane-8 1 WONG KIN SHING TSANG MAN LOK CHAN HOI LEUNG SHING HIN HEI 5A(34) SH	1		man we will be a second of the						E-1777 A
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Event Lane-1 Lane-2 Lane-3 Lane-4 Lane-5 Lane-6 Lane-7 Lane-8 1 WONG KIN SHING TSANG MAN CHAN HOI LEUNG SHING HIN HEI 5A(34) SH			1		50 555				
1 WONG KIN SHING TSANG MAN CHAN HOI CHENG WONG HOI WU YIU CHO LEUNG SHING HIN HEI 5A(34) SH	Ev	vent No. (8)	Time: 09:2	20	50m BREAS	T STROKE	Tra	ack Boys A	Final
SHING LOK LEUNG SHING HIN HEI 5A(34) SH	Event	Lane-1			Lane-4	Lane-5		Committee of the Commit	Lane-8
	1								
			5E(29) SH	5E(26) SH	6C(17) SH	5A(22) S	5E(27) H	5A(34) SH	

Е	vent No. (8)	Time : 09:	20	50m BREAS	ST STROKE	Tr	ack Boys A	Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
2		TONG CHUN MING	LAM KA HIN	CHU LONG WAI	NG MING YIN	LAM KAM MING	CHU CHEUK NGAI	
		5B(28) S	5B(23) SH	5C(21) S	6C(25) SH	6A(23) SH	5B(16) H	
Е	vent No. (9)	Time: 09:	20	50m BREAS	ST STROKE	Tra	ack Boys B	Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1		LAU ART 4C(23) SH	NG CHUN HANG	CHAN HEI WANG	YU WING NOK	LAU CHAK SHING	CHAN KING HO	
		(,	3A(27) K	4D(19) H	3B(29) K	4B(29) K	3C(16) SH	
2		TAM HO CHUN	CHOW HUNG HEI LUCAS	TAI CHING HIN	LIN KA HIM	CHOW HO LUNG	LAU ALFRED	
		3C(27) H	3A(17) SH	3D(33) K	4A(28) S	3D(21) S	2D(24) K	
Ev	rent No. (10)	Time : 09:2	20	50m BREAS	ST STROKE	Tra	ack Boys C	Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1	LEE WUI HIM	LI YIP FUNG	LEUNG KWAN WING	YU KA HEI	LI SEN WAN	LI YAT LONG	TANG KA CHING	
	1A(25) H	1D(25) H	1D(27) H	1A(36) K	2B(21) K	1A(28) H	1A(34) S	
Ev	rent No. (11)	Time : 10:0	00	50m FRE	E STYLE	Tra	ack Girls A	Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1		YOUNG SEN KAM	CHONG YUET TUNG	НО КА ҮІ	CHENG CHEUK NAM	CHUI LOK YEE		
		5A(20) K	6C(3) K	5D(7) S	6D(1) K	6C(4) S		
2		LAM CHO CHING ZITA	XIAO HONG YU	YEUNG TSZ MAN	LIN KAILAN	CHEUNG CHO YIU		
		6D(4) SH	5B(9) SH	6A(15) SH	5A(11) SH	RIANA 5A(3) K		
	2					011(0)		
Ev	ent No. (12)	Time: 10:0	00	50m FRE	E STYLE	Tra	ack Girls B	Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1	WAN WAI TUNG	CAI XINYI	YAU HAN	NG CHING MAN	LI PUI SEN	WONG FUNG YEE	YIM NGA MAN	
	4B(18) K	3D(1) S	3D(17) K	3B(11) H	3A(9) S	3A(13) H	ATHENA 3B(14) H	
	1		l	l	1		11 (L1)(T)	

50m FREE STYLE Event No. (13) Time: 10:00 Girls C Track Final Event Lane-1 Lane-2 Lane-3 Lane-4 Lane-5 Lane-6 Lane-7 Lane-8 1 WAN YEE HUNG YEE AU YEUNG LO CHIN WAI CHAN WING CHING ON KI ANGEL LOK YAN 2A(15) SH 1A(10) S 1B(5) K 1D(1) K 1A(2) H 50m FREE STYLE Event No. (14) Time: 10:00 Track Boys A Final Event Lane-1 Lane-2 Lane-3 Lane-4 Lane-5 Lane-6 Lane-7 Lane-8 HO KING HEI **GU CHIN** TSANG MAN CHUNG YU CHAN HOI LIANG SIN NG WAI YIN WONG HOI HUNG LOK TUNG **LEUNG NICHOLAS** CHI HEI 5C(23) SH 6A(19) K 5E(21) K 5E(26) SH 6C(17) SH 6B(30) S 5E(27) H 4C(25) H 2 TSAI CHUN KHAN NG MING YIN KWOK HOI CHU LONG YAU TSUN CHAN CHUN HO DANEYAL CHUN MING WAI WANG 6C(25) SH 6B(32) S 4B(27) S 5B(22) S 5C(21) S 6B(34) S 5E(15) K 3 CHU CHEUK SIU TSZ HEI DENG LAM KA HIN FAN CHI HO LAI HO MING HUI SHU NGAI JINHAO WING 3B(24) S 5B(23) SH 5B(18) S 6A(21) S 5B(16) H 3B(18) H 6B(25) S 50m FREE STYLE Event No. (15) Time: 10:00 Track Boys B Final Event Lane-1 Lane-2 Lane-3 Lane-4 Lane-5 Lane-6 Lane-7 Lane-8 CHAN TOA SHUK FAI LEUNG AN CHAN HEI CHIU PAK YU WING KIT WANG LONG TOA HO NOK 4D(26) S 3B(16) S 4B(31) S 4D(19) H 2C(22) K 3B(29) K 2 CHAN KING LAU CHAK LO NG CHUN LAU ART TAI CHING HO **EMMANUEL** HANG SHING HIN **EDWARDSON** 4C(23) SH 3C(16) SH 3D(33) K 3A(27) K 4B(29) K 3A(25) K 3 MAK YU HIN TING CHUN CHOW HUNG LIN KA HIM CHOY KING ZENG ZHENXUAN LAM HEI LUCAS HO 3D(30) SH 4A(28) S 3D(34) SH 3A(17) SH 3A(18) K 2B(31) K 50m FREE STYLE Event No. (16) Time: 10:00 Boys C Track Final Event Lane-1 Lane-2 Lane-3 Lane-4 Lane-5 Lane-8 Lane-6 Lane-7 LEUNG LOK CHAN TSZ YU HO YIN XU CHEUK YU KA HEI LI PAK MING NG CHUN LEUNG TIN 1 YIN HIM HANG HEI LOK EVANS 2A(36) K 1A(36) K 1B(27) S 2C(28) K 1B(20) H 2D(35) SH 2D(30) K 1A(27) S

Eve	ent No. (18)	Time : 10:	30	100m BREAST STROKE Track Boys		Track Boys A		Final	
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8	

Event No. (18)		Time: 10:30		100m BREA	ST STROKE	Track Bo		Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1		LAM KAM	WU YIU CHO	CHAN HOI	WONG HOI	NG MING YIN		
		MING	5A(34) SH	LEUNG	HEI	6C(25) SH		
		6A(23) SH	5.1(51) 511	6C(17) SH	5E(27) H	00(23) 011		rannan Maria (San San San San San San San San San San
Ev	rent No. (20)	Time: 10:	30	100m BREAS	ST STROKE	Tra	ack Boys B	Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1			WONG CHEUK YIN	LIN KA HIM	LAU ALFRED	LAU ART		
			3B(27) K	4A(28) S	2D(24) K	4C (23) 5h		
en samule meneral de la companya de								
Ev	ent No. (21)	Time : 10:	50	50m BACK	STROKE	Tra	ack Girls O	Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1		CAI XINYI	HUNG YEE CHING	CHENG CHEUK NAM	NG SIU LAM	YEUNG TSZ MAN		
		3D(1) S	1B(5) K	6D(1) K	6A(10) K	6A(15) SH		
Ev	ent No. (22)	Time: 10:	50	50m BACK	STROKE	Tra	ack Boys O	Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1		LAU ART	NG CHUN HEI	TSANG MAN LOK	WU KWAI SHING	LEUNG LOK YIN		
		4C(23) SH	2D(30) K	5E(26) SH	1C(33) H	2C(28) K		
2			LIN KA HIM	LEE YAT HIM	CHAN CHUN WANG	CHOW HO LUNG		
			4A(28) S	1D(22) S	5E(15) K	3D(21) S		
			*					
Eve	ent No. (23)	Time : 11:	00	50m BUTTERF	LY STROKE	Tra	ack Boys O	Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1			LAM KAM MING	LAM KA HIN	LIN KA HIM			
			6A(23) SH	5B(23) SH	4A(28) S			
Eve	ent No. (24)	Time : 11:0	00	50m BUTTERF	LY STROKE	Tra	ick Girls O	Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1			CHEUNG CHO YIU RIANA	CHENG CHEUK NAM	HUNG YEE CHING			
			t	6D(1) K	1B(5) K			

Е	vent No. (24)	Time : 11:	00	50m BUTTER	RFLY STROKE	Tra	ack Girls C	Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
			5A(3) K					
E	vent No. (25)	Time: 11:	10 4x50	m FREE STYL	E RELAY (HOU	SE) Tra	ack Mided	Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1			SING	SHUN	KAN	HIM		
			(0) S	(0) SH	(0) K	(0) H		
	vent No. (26)	Time : 11:			LE RELAY (F4-			Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1			5A	4D	5C	6C		
			(0)	(0)	(0)	(0)		
Ex	vent No. (27)	Time : 11:	20	25m FRE	יב פידיעד ב	Т	-1- 0:1-0	
		Inne.ii.	30 -	ZSIII TAL	ESTILE	112	ack Girls C	Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Final Lane-8
	Lane-1 CHAN SZE NAM	Lane-2 AU YEUNG ON KI ANGEL	Lane-3 LI YEE CHING	32				
Event 1	Lane-1 CHAN SZE NAM 2D(2) K	Lane-2 AU YEUNG ON KI ANGEL 1D(1) K	Lane-3 LI YEE CHING 1B(10) SH	32				
Event	Lane-1 CHAN SZE NAM 2D(2) K MOK FONG TING	Lane-2 AU YEUNG ON KI ANGEL 1D(1) K CHO MING LEE	Lane-3 LI YEE CHING	32				
Event 1	Lane-1 CHAN SZE NAM 2D(2) K MOK FONG TING 2B(9) SH	Lane-2 AU YEUNG ON KI ANGEL 1D(1) K CHO MING LEE 1B(3) SH	Lane-3 LI YEE CHING 1B(10) SH LU QIAO XIN 2B(8) S	32				
Event 1	Lane-1 CHAN SZE NAM 2D(2) K MOK FONG TING	Lane-2 AU YEUNG ON KI ANGEL 1D(1) K CHO MING LEE	Lane-3 LI YEE CHING 1B(10) SH LU QIAO XIN	32				
Event 1	Lane-1 CHAN SZE NAM 2D(2) K MOK FONG TING 2B(9) SH HUNG SIN YAN 2A(8) K CHOI WAI	Lane-2 AU YEUNG ON KI ANGEL 1D(1) K CHO MING LEE 1B(3) SH XU TSZ LAM	Lane-3 LI YEE CHING 1B(10) SH LU QIAO XIN 2B(8) S LO CHIN WAI 2A(15) SH	32				
2 3 4	Lane-1 CHAN SZE NAM 2D(2) K MOK FONG TING 2B(9) SH HUNG SIN YAN 2A(8) K CHOI WAI YAN 1A(4) SH	Lane-2 AU YEUNG ON KI ANGEL 1D(1) K CHO MING LEE 1B(3) SH XU TSZ LAM 1B(16) SH LI TSZ CHING 2D(11) K	Lane-3 LI YEE CHING 1B(10) SH LU QIAO XIN 2B(8) S LO CHIN WAI 2A(15) SH HO TSZ YING 1B(4) K	32				
Event 1 2	Lane-1 CHAN SZE NAM 2D(2) K MOK FONG TING 2B(9) SH HUNG SIN YAN 2A(8) K CHOI WAI YAN	Lane-2 AU YEUNG ON KI ANGEL 1D(1) K CHO MING LEE 1B(3) SH XU TSZ LAM 1B(16) SH LI TSZ CHING	Lane-3 LI YEE CHING 1B(10) SH LU QIAO XIN 2B(8) S LO CHIN WAI 2A(15) SH HO TSZ YING	32				
Event 1 2 3 4 5 5	Lane-1 CHAN SZE NAM 2D(2) K MOK FONG TING 2B(9) SH HUNG SIN YAN 2A(8) K CHOI WAI YAN 1A(4) SH CHEUNG HOI KIU 2B(3) SH	Lane-2 AU YEUNG ON KI ANGEL 1D(1) K CHO MING LEE 1B(3) SH XU TSZ LAM 1B(16) SH LI TSZ CHING 2D(11) K HUNG YEE CHING 1B(5) K	Lane-3 LI YEE CHING 1B(10) SH LU QIAO XIN 2B(8) S LO CHIN WAI 2A(15) SH HO TSZ YING 1B(4) K CHEUNG YAN WAN 1C(8) K	32				
2 3 4	Lane-1 CHAN SZE NAM 2D(2) K MOK FONG TING 2B(9) SH HUNG SIN YAN 2A(8) K CHOI WAI YAN 1A(4) SH CHEUNG HOI KIU 2B(3) SH CHAN SZE MAN	Lane-2 AU YEUNG ON KI ANGEL 1D(1) K CHO MING LEE 1B(3) SH XU TSZ LAM 1B(16) SH LI TSZ CHING 2D(11) K HUNG YEE CHING	Lane-3 LI YEE CHING 1B(10) SH LU QIAO XIN 2B(8) S LO CHIN WAI 2A(15) SH HO TSZ YING 1B(4) K CHEUNG YAN WAN	32				
Event 1 2 3 4 5 6	Lane-1 CHAN SZE NAM 2D(2) K MOK FONG TING 2B(9) SH HUNG SIN YAN 2A(8) K CHOI WAI YAN 1A(4) SH CHEUNG HOI KIU 2B(3) SH CHAN SZE	Lane-2 AU YEUNG ON KI ANGEL ID(1) K CHO MING LEE IB(3) SH XU TSZ LAM IB(16) SH LI TSZ CHING 2D(11) K HUNG YEE CHING IB(5) K CHAN WING YAN IA(2) H	Lane-3 LI YEE CHING 1B(10) SH LU QIAO XIN 2B(8) S LO CHIN WAI 2A(15) SH HO TSZ YING 1B(4) K CHEUNG YAN WAN 1C(8) K WAN YEE LOK 1A(10) S	32				
Event 1 2 3 4 5 5	Lane-1 CHAN SZE NAM 2D(2) K MOK FONG TING 2B(9) SH HUNG SIN YAN 2A(8) K CHOI WAI YAN 1A(4) SH CHEUNG HOI KIU 2B(3) SH CHAN SZE MAN	Lane-2 AU YEUNG ON KI ANGEL ID(1) K CHO MING LEE IB(3) SH XU TSZ LAM IB(16) SH LI TSZ CHING 2D(11) K HUNG YEE CHING IB(5) K CHAN WING YAN	Lane-3 LI YEE CHING 1B(10) SH LU QIAO XIN 2B(8) S LO CHIN WAI 2A(15) SH HO TSZ YING 1B(4) K CHEUNG YAN WAN 1C(8) K WAN YEE LOK	32				

25m FREE STYLE Event No. (28) Time: 11:30 Track Boys C Final Event Lane-1 Lane-2 Lane-4 Lane-3 Lane-5 Lane-6 Lane-7 Lane-8 XU CHEUK LI PAK MING YU KA HEI HANG 1B(27) S 1A(36) K 2D(35) SH 2 FONG MAN WU KWAI CHAN TSZ **SHING** HIM 1B(22) H 1C(33) H 1B(20) H 3 WONG PAK HAU CHUN NG CHUN HIN HEI HEI 1B(33) SH 1A(18) SH 2D(30) K LEUNG TIN LEUNG LOK LI JINGHUA LOK EVANS 1C(25) SH 1A(27) S 2C(28) K 5 WONG YUK LI YAT LONG LO TSZ HIN HEI 1A(28) H 1D(28) SH 1C(32) S ZENG CHUI 6 LEE KAI HIN CHEN CHUN QING 2A(29) H 2C(33) S 1D(16) K 7 LEE WUI HIM TANG KA KWOK KING CHING YIN 1A(25) H 1A(34) S 2A(26) H PUN TSZ PUN TSE 8 YIU HOI KIT NOK MING 1C(34) S 2C(29) H 1A(33) SH 25m BREAST STOKE Event No. (29) Time: 11:45 Track Girls C Final Event Lane-2 Lane-1 Lane-3 Lane-4 Lane-5 Lane-6 Lane-7 Lane-8 MOK FONG AU YEUNG LI YEE TING ON KI ANGEL **CHING** 2B(9) SH 1D(1) K 1B(10) SH **CHAN WING** LO CHIN WAI WONG TSZ YAN YIN 2A(15) SH 1A(2) H 1C(18) K 3 YAU CHING CHEN SO SO FEI 1C(4) SH 2A(20) K 25m BREAST STROKE Event No. (30) Time: 11:45 Track Boys C Final Event Lane-1 Lane-2 Lane-3 Lane-4 Lane-5 Lane-6 Lane-7 Lane-8

Event No. (30) Time: 11:45		45	25m BREAS	ST STROKE	Tr	rack Boys (Final	
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1	LI PAK MING	XU CHEUK HANG	LI SEN WAN					
	1B(27) S	HANG	2B(21) K					
		2D(35) SH						
2	TO CHI FUNG KELVAN	LEUNG KWAN WING	FONG MAN HIN					
3	2C(31) S WONG YUK	1D(27) H LI YAT LONG	1B(22) H LO TSZ HIN					
	HEI	LI TAT LONG	LO 152 IIIV					
	1C(32) S	1A(28) H	1D(28) SH					
4	LEE WUI HIM	LEE YAT HIM	CHEN CHUN					
	14(05) 11	1D(22) G	HEI					
	1A(25) H	1D(22) S	1D(16) K					
Ev	vent No. (31)	Time : 12:0	n 4x25	m FRFF STVI F	E RELAY (HOU	SE) Τ	aale Midad	Ein al
LEV	(51)	1111le : 12:0)() TA22	MITKEL STILL	ZICLAT (1100		ack Mided	Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1	HIM	KAN	SING	SHUN				
	(0) H	(0) K	(0) S	(0) SH				
			(0)	(0)				
		l m: 10.6		4x25 DEI	A.V. (E1. 2)	T		
EV	rent No. (32)	Time : 12:0	00	4x25m REL	AI (FI-3)	Tra	ack Mided	Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1	3B	3C	3A					
	(0)	(0)	(0)					
	(-)		(0)					
	(A) (OO)			יין אינער	D	_		
Eve	ent No. (33)	Time : 12:0	0	PTA Fu	n Race	Tra	ack Mided	Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1						100		21 10 10 10 10 10 10 10 10 10 10 10 10 10
	(0)	(0)	(0)					
	(0)	(V)	(0)					
				C1 1 -	5.1	9,000	gy gyr dae bed w	
Eve	ent No. (34)	Time: 12:0	0	Club I	Relay	Tra	ack Mided	Final
Event	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6	Lane-7	Lane-8
1	Volley Football	Swimming	СО				2	20
	(0)	(0)	(0)					
	(0)	(0)	(0)					Minusian in the same of the sa