

SPRING

KWUN TONG GOVERNMENT SECONDARY SCHOOL
SCHOOL NEWSPAPER

Expanding Horizons and Fostering Knowledge through **READING**

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The Reading Culture Team has organized a variety of learning activities such as book exhibitions, online reading activities, excursions, pictorial exhibitions, Book Review Competition, Video-making Competition and Oral Presentation Competition to foster a love for reading.

A variety of book exhibitions were organized in collaboration with different subject departments throughout the year. Those exhibitions, such as *Science in Everyday Life* and *Hong Kong's Resistance against Japanese Aggression*, allowed students to delve into different academic disciplines and expand their knowledge base. By exploring a diverse range of books, students have deepened their understanding of various subjects and developed a multidisciplinary approach to learning.

To further enhance students' personal growth and character development, the Reading Culture Team prepared different reading materials centered around important themes such as 'Self-confidence' and 'Act with Integrity'. These aimed at boosting students' self-confidence and instilling core values that would guide students throughout their lives.

Also, online reading activities were organized in collaboration with Science, Physics, Biology, Chemistry, STEM and English Departments, encouraging all students to read extensively and explore resources related to their academic subjects. Being engaged in those activities, students embraced the joy of independent learning with their knowledge being expanded and their critical thinking skills being strengthened.

One of the highlights of the Reading Culture Team's initiatives is organizing enriching excursions to places such as the Hong Kong Science Museum and the Hong Kong Museum of Coastal Defence. These excursions provided students with invaluable learning experiences beyond the confines of the classroom. Students had the opportunity to explore the wonders of science, witness the changes of Hong Kong's coastal defense throughout history, and learn about our country's resistance against Japanese aggression.

Moreover, a 'Reading Across the Curriculum' book exhibition was co-organised with the Chinese History and History Departments after the excursion. Each S1 student borrowed one book and set two related questions for their classmates. Through this activity, students not only expanded their knowledge but were also engaged in meaningful discussions with their peers. This collaborative approach to learning allowed students to gain new insights and perspectives while fostering a sense of camaraderie within their class.

For students across all levels, there was also a fascinating Pictorial Exhibition on *China's War of Resistance Against Japanese Aggression*, providing students with a visual representation of the historical events and sacrifices made during this crucial period. Having been immersed in the images and stories displayed, students gained a deeper appreciation of the courage and resilience of those who fought for our home country.

Let's continue to embrace the joy of reading, explore the world around us, and cherish the knowledge gained through these enriching activities.



Hike Up; Clean Up!

Smart Teen Participants Embrace the Spirit of Giving and Environmental Stewardship

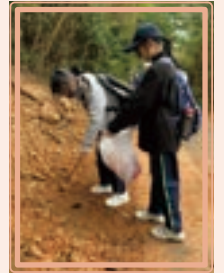
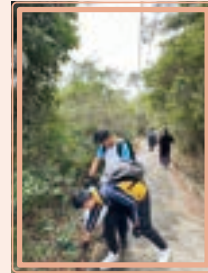
The Smart Teen participants showcased their enthusiasm for both giving back to society and personal growth after the 5-night-4-day camp at the Fire and Ambulance Services Academy in the first term. Under the guidance of dedicated firefighting officers, they underwent rigorous discipline and physical training, fostering resilience and determination. Inspired by their transformative experience, these motivated individuals were eager to make a positive impact on society.



Led by Mr Yau Shing Kit, Miss Tsui Ka Mei, Mr Tsang Chun Shan and Miss Yeung Wai Yee, the Smart Teen participants eagerly joined the *Hike Up; Clean Up* activity on 2nd March 2024. The event took place along the scenic trail from Tung Chung to Tai O, with the aim of removing litter, debris, and other forms of waste to restore the trail's natural beauty. Even amidst unexpected heavy rainfall, the students demonstrated unwavering tenacity and perseverance. Remarkably, even those who rarely engage in physical exercise pushed themselves to complete the hike and fulfill their mission. The collective spirit of encouragement and mutual support among the participants further exemplified their remarkable teamwork.

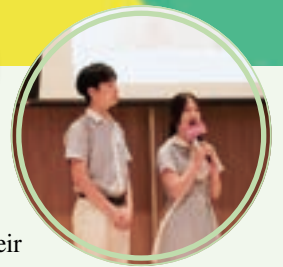
As the hiking journey drew to a close, they indulged in the renowned Tai O snack, the Chinese sugar donuts, savoring the sweet taste of accomplishment. This meaningful activity left a lasting impression on the students, instilling in them a sense of responsibility as hikers and a determination to inspire their peers to follow suit.

Through their participation in the 'Hike Up; Clean Up' activity, the Smart Teen participants not only gained valuable insights into environmental stewardship but also pledged to be responsible hikers. Their commitment to promoting a clean and sustainable environment serves as an inspiration to all members of our school community, encouraging us to be mindful of our impact on nature.



JA Company Programme

30 S.4 and S.5 students joined the JA Company Programme this year. Under the guidance of their teachers and the business advisors, they established and operated a real business. Having obtained fund for their business through issuing shares, they needed to conduct the marketing analysis to find out the taste and preference of their target customers before designing the products that would appeal to their customers. To promote their products and increase sales, they ran an online shop on Instagram and posted promotional videos.



On 9th March 2024, their sales booth was set up at K11 Art Mall. The Principal, Assistant Principal, teachers and their fellow students visited them to show their support. The experience was further enriched by presenting what they had learnt in the semi-final, which was held on 27th April at Science Park. Although they did not go through to the final, it was a great experience for the students to present their business ideas to the judges and the students from other schools.

All in all, the JA Company Programme has widened students' learning experience and horizons. It provides an opportunity for students to apply the business knowledge and skills which they have learnt in the lesson in a real-life scenario. It also enables students to develop their sense of responsibility, innovative skills, communication skills and team spirit. All these skills and experience are beneficial for students' learning as well as their career development in the future.



Nurturing Future Leaders: 2D1N Senior Prefect Leadership Training Camp

In a world that demands strong leadership, our school recognizes the importance of equipping our senior prefects with the necessary skills and qualities to become the future leaders of our community. To that end, we organized a 2-day-1-night leadership training camp at the HKAYP Jockey Club Duke of Edinburgh Training Camp. This immersive experience aimed to empower our senior prefects, fostering their potential and preparing them to lead with integrity, empathy, and vision.



Building Bonds and Breaking Barriers

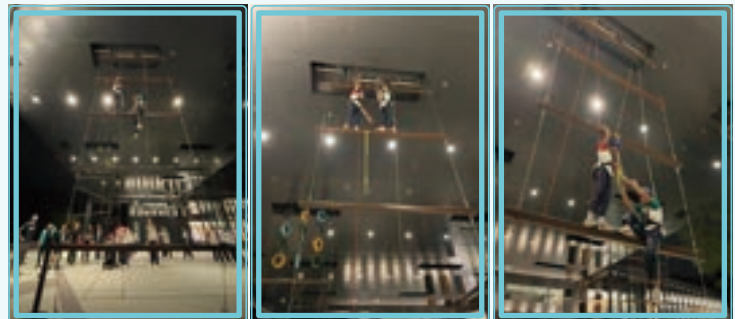
The camp commenced with an atmosphere of excitement and anticipation as our senior prefects embarked on a team building activity in the Adventure Park. Senior prefects had to complete the climbing route in teams of four. It required participants to communicate with



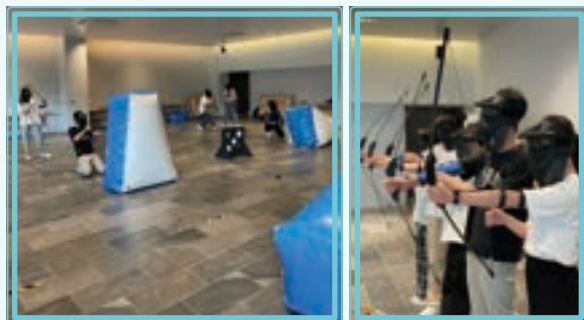
each other, have good teamwork and balance skills. Throughout the activity, participants could enjoy the stunning views of Lam Tsuen while experiencing thrill and excitement during the training. Ye King Lam of 4A, Head Prefect, remarked that the programme encouraged communication, trust, and cooperation among the teammates. Ng Sze Wing of 4A, Head Prefect, reflected that her team learned the value of collaboration, problem-solving, and decision-making under pressure. She was amazed because these experiences forged stronger bonds among the Prefect Team, fostering a sense of unity that would undoubtedly translate into effective teamwork within our school community.

Overcoming Fear and Building Resilience:

The Giant Ladders Challenge presented our prefects with a unique opportunity to test their physical and mental capabilities. They had to ascend new heights in pairs under the guidance of experienced instructors. With each step up the rungs, our students embraced the challenge, pushing themselves beyond their comfort zones. The ascent demanded unwavering determination, coordination, and trust in their fellow climbers. Yung Nok Yi of 4A, Vice Head Prefect, reckoned that she learned to manage her fear, harnessing it as a source of motivation rather than a barrier.



With every step upwards, prefects gained a newfound perspective on their own strengths. This transformative adventure will forever be etched in their memories as a testament to their determination and courage.



Devising Team Strategies and Tactical Maneuvers

Archery Combat is an emerging sport that combines the precision of archery with the adrenaline of combat. Prefects were divided into 4 teams and engaged in epic battles that transport them to a war zone, armed with bows and foam-tipped arrows. This action-packed game not only tested prefects' archery skills, but it also required strategic teamwork to win. Wu Cheuk Kiu Venus of 4A, Vice Head Prefect, realized that no battle is won alone in Archery Combat. She said teamwork and communication were essential for success on the battlefield.

As the 2-day-1-night leadership training camp concluded, our senior prefects honed their leadership skills, deepened their sense of responsibility, and formed lasting bonds. Armed with a toolbox of leadership skills, they are now better prepared to navigate the challenges that lie ahead. The impact of this training camp extends beyond our prefects, as they will serve as role models, inspiring their peers to step up and contribute to our school community.

Inter-Government Secondary Schools Drama Fest

Quick off the bat of their highly entertaining 2022-3 dramatic play, the KTGSS English Drama Team got down to writing a new script for the 6th Inter-Governmental Secondary Schools Drama Fest 2023/24. Creativity and ideas flowed onto the pages of the drama script and soon “Kingdom with no Darkness” was birthed. The group were coached by Mr. Alex Shung and their debut performance drew great applause from their peers! A wonderful pyrotechnic light display made the effect of lights banishing the darkness very convincing. It also highlighted the skills of the KTGSS students who are willing to boldly apply their creative skills. The KTGSS students

thoroughly enjoyed the performance and congratulated their fellow students on an amazing performance.

The school won the following awards in the School Performance Stage:

Awards for Outstanding Performers: Chen Wai Shun and Lee Ho Lok

Award for Outstanding Stage Effects: Kwun Tong Government Secondary School

Award for Outstanding Cooperation: Kwun Tong Government Secondary School

Award for commendable Overall Performance: Kwun Tong Government Secondary School



Government Secondary Schools English Debating Competition

The 13th Government Secondary Schools English Debating Competition (English-Chinese Category) preliminary round was successfully held on 9th March. KTGSS Debating Team competed against Sha Tin Government Secondary School in a fierce battle. The debate topic of the day was “Peer pressure causes greater harm to individuals,” and our school represented the affirmative side. Both teams showcased excellent eloquence and debating skills. After an intense competition, our school successfully advanced to the quarter-finals and competed against King’s College in the second round of the elimination stage on 27th April. The debate topic for that day was “Hong Kong should implement electronic road pricing on congested major roads,” and our school represented the negative side. After an intense exchange of arguments, Li Ho Kwan of 4A was selected as the Best Debater. It is a remarkable achievement for him, especially as it was his first time participating in an English debating competition. Although our school did not make it to the semifinals, this competition has provided a valuable learning experience for our students.



We-recycling@school

To cultivate responsible KTGSS students and protect our lovely planet, the Environmental Education Committee organized the We-recycling@school Campaign. There were two major activities, the Recycling Week and The Recycling Quiz Competition.

Recycling Week

KTGSS students has been demonstrating their good habit of treasuring the resources on Earth. On 18th and 19th April, single-page-paper, waste paper, beverage cartons, plastic bottles, aluminium cans and other plastics were collected for recycling. Students actively took part in the activity by collecting the recyclable materials in boxes from daily life. All recyclable materials were sent to Shun Lee Recycling Store for turning them to useful materials. Through the explanation and demonstration of the Environmental Protection Committee member, students also learnt the appropriate procedures to recycle beverage cartons, aluminium cans and plastic bottles. They have certainly cultivated the good practice of recycling.

While most classes showed their support to Recycling Week, 1A, 3D, 4B and 1B were the 4 classes with the greatest participation in the environmental protection activity.



1A students send paper and plastic bottles for recycling.



Environmental Education Committee members collect recyclable materials.



The recyclable materials collected are sent to the Shun Lee Recycling Store.



Staff from Shun Lee Recycling Store explains the recycling procedures.



Our committee member checks the condition of the collection box.



Our committee member returns the cleaned beverage cartons collected from KTGSS to the Shun Lee Recycling Store.

Recycling Quiz Competition

An online competition about recycling was held during the Recycling Week.



Class	Class number	Name	Prize
3D	34	Tsang Shun Hei	Merit Award
3A	25	Heung Yin Chun	Merit Award
1A	30	Tang Yui Him	Merit Award
2A	20	Choy King Ho	Merit Award
4B	12	Yung Sze Lam	Merit Award

Class	Class number	Name	Prize
4B	07	Sze Kam Ying	Excellence Award
3A	04	Fung Lok Ying	Excellence Award
1C	29	Muhammad Usman	Excellence Award
4A	35	Xu Bo Cheng	Excellence Award
5A	28	Lo Siu Ching	Excellence Award
5A	26	Leung Ying Kit	Excellence Award

Music Tour to Guangzhou

During the Easter holiday, our School Choir, School Band and Chinese Orchestra went to Guangzhou for a 3-day music tour. The highlight of the tour was to visit one of the most famous music conservatories in China — Xinghai Conservatory of Music (星海音樂學院). An admission talk about the conservatory was also arranged.

On the first day, we went to Guangzhou Grand Theatre. It is not only a world famous theatre with very artistic architecture, but its structure also helps to build intense sonority for the Theatre. Afterwards, we had a leisure walk around Yong Qing Fang (永慶坊), where lots of Chinese traditional cultural elements could be found in every corner.



The next day, we went to the Chinese Opera Museum (廣州粵劇博物館), which was built to promote the development of Chinese Opera through performances, exhibitions and talks.



Before returning to Hong Kong, we went on a very special bus tour which served delicacy on the bus as lunch. We enjoyed the food while traveling around the city of Guangzhou. It was such an unforgettable experience!



Botticelli to Van Gogh: Masterpieces from The National Gallery, London

In early April, 42 S4 and S5 students attended the exhibition, *Botticelli to Van Gogh: Masterpieces from The National Gallery, London*, the first showcase of the Gallery's prestigious painting collection in Hong Kong. The exhibition at the Hong Kong Palace Museum was divided into six sections, covering themes such as mythology, daily life, and landscapes from different periods and art styles, including the Renaissance, Impressionism and Post-Impressionism. It features 52 of the world's finest masterpieces, dating to the 15th to early 20th century, painted by fifty influential artists, including Botticelli, Raphael, Titian, Caravaggio, Rembrandt, Goya, Turner, Constable, Monet, and Van Gogh, spanning more than 400 years of Western art history.

HE KA YAN 4A

The paintings, dating back from the 15th to early 20th century, represent the most significant turning points in the history of arts, from the Renaissance to impressionism and post-impressionism, which are the core content of our Visual Arts lessons at school. It was indeed an eye-opening experience for us and we had a better and deeper understanding of the topic we studied.

Lau Hee Yin 4A

From the moment I stepped into the museum, I was greeted by various breathtaking exhibits. The meticulous attention to detail and masterful techniques of the Renaissance artworks on display held me in awe. I was amazed by the talent, skills, and hard work of the artists who created them. Next, I found myself immersed in the enchanting world of Impressionism. The vibrant colors and loose brushstrokes which the artists applied to capture fleeting moments in time and the essence of nature and human experience certainly tugged at my heartstrings. Through this experience, I was able to observe the textures, colors and amazing brushstrokes up close, gaining a deeper understanding of the artistic techniques and materials used. It provided a golden opportunity for me to be engaged with the firsthand artworks. Standing in front of a painting, I could feel the messages and emotions the artists wanted to convey.



常任秘書長來訪

教育局常任秘書長李美嫦女士 JP、教育局副秘書長杜永恒先生 JP、首席助理秘書長（學校行政）張巧儀女士以及總學校發展主任（觀塘）張嘉祺先生於2024年4月10日蒞臨本校，了解學校的發展概況。

葉校長首先邀請李秘書長團隊參觀由中四學生介紹的中華文化展板，並一同體驗攤位活動；隨後陪同各位嘉賓欣賞非物質文化長廊，並前往創客活動室觀賞無人機表演和3D打印；最後一同到禮堂欣賞中樂團的精彩表演。



接下來，李秘書長團隊與學校不同持份者會晤，與會者有家長及學生代表。在這次面談中，他們就學校的現況進行了交流，李秘書長的分享和鼓勵對學校的發展起到了重要的促進作用。

在訪校過程中，李秘書長了解到學生的校園生活。她還贈送小禮物給學生，以表達對他們的欣賞，並鼓勵他們要持續努力學習。學生們在這次交流中受到很大的啟發。



後記：

是次教育局常任秘書長李美嫦女士來訪，也與家教會代表進行交流，其中兩位代表接受了校園小記者的採訪。她們告訴小記者，在與李秘書長交流的時候，了解到李秘書長非常關心學生的品格及多元發展。家長代表簡女士表示家教會與校方的合作非常順暢，所反映的問題都能得到正面回應。家長代表黃女士表示負責老師十分盡責，重視家長的意見，積極作出跟進。兩位家長代表亦向李秘書長提出不少建議以改善親子關係及提升學生對學校的歸屬感。

家教會代表與小記者合照



珠海航空科技考察

公民與社會發展科在教育局和華暢東方文化國際交流有限公司的協調下，於2024年3月25至26日，展開了兩日一夜的珠海航空科技考察。這次考察對於14位老師和131名中五學生來說，是一個認識我國科技先進發展的啟蒙之旅。

當日早上，一行人從學校出發，乘坐旅遊車穿越港珠澳大橋，順利抵達珠海。師生首先參觀了愛飛客航空科普基地，了解到我國在航天領域取得的巨大成就；也透過解說，深入認識到我國在航空科技方面的領先地位。



隨後，考察團前往天威集團的3D打印創新中心。這個中心展示了先進的3D打印技術在航空航天、生物醫學和高端製造等產業領域的應用。師生驚嘆於3D打印技術的革命性影響，並透過親身參與3D打印活動，深入了解到這一項技術對於我國產業升級轉型和創新發展的重要性。

第二天，考察團參觀了全國最大的太空科普園地——珠海太空中心。珠海太空中心設有多個展區，包括空間站核心區、航天展區、航空展區、國防展區、無人裝備展區、元宇宙展區，以及專題展區等。館內有一個以1:1比例還原的「天宮」太空站展示館，為全國獨有。師生進入內部參觀太空人員的工作區、生活區、睡眠區、出艙口等，體驗他們的工作及生活環境。師生們亦參觀了太空模擬實驗室、火箭發射控制中心等，藉着館內多元化的互動體驗，特別是豐富的VR體驗，深刻感受到國家在航天科技方面的雄厚實力，並了解到我國在航天探索和應用層面所取得的重要突破。

下午，考察團參觀最後一個景點——珠海大劇院和海韻城，這兩個地方展示了國家文化旅遊產業的豐富發展機遇，師生對我國在文化藝術領域的發展潛力和多元性有了更深刻的體會。

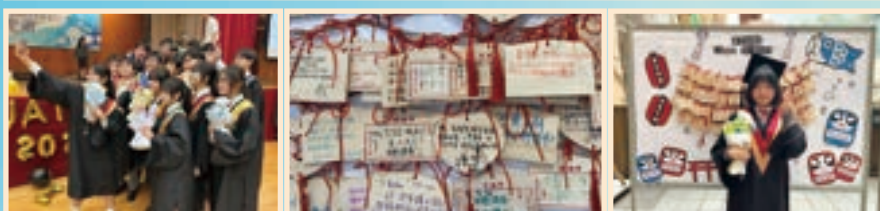
為配合這次考察，學生須事前進行資料搜集，在考察期間和活動結束後分別完成一手資料紀錄工作紙和考察之旅知識整合的小組習作。他們亦須在本學年完結前，提交是次考察之旅見聞的研究報告。這次珠海考察之旅，讓學生對我國的先進發展有了確切的認識，提升他們對國家的歸屬感和國民身份認同感。學生深刻體會到，自己作為中華民族的一份子，有責任了解自身的長處和志向，並多加關注祖國的最新發展路向，好讓自己在日後的生涯規劃中，更適切地為祖國的發展作貢獻。



中六惜別會

光陰似箭，中六學生即將迎來公開試、踏入人生分界線，前路茫茫，難免多有焦慮。學生會 Aslan 特別為中六同學送上滿滿的祝福與豐富的活動，鼓勵各位師兄師姐勇於面對未知旅程。今年學生會更為每位畢業生添置畢業袍，令儀式感倍增，及後更派發禮品包，內有校長、思動計劃和學生會送贈的打氣禮品和畢業花。在惜別會上，校長、輔導組的大哥哥、大姐姐、Caring Angels 及校友會等代表逐一送上叮嚀與寄語，然後每位中六同學也收到一塊繪馬，讓他們寫上對未來的期願、目標和夢想，掛在精心設計的繪馬板上，寓意前程錦繡。與此同時，中六同學在「2024年畢業班」的橫額上留下簽名。最後，一眾畢業生向天空拋出四方帽，與各師生拍照留影，為中學生涯落下完美的帷幕。

負責活動的陳浣鈴老師表示：「從活動中看到了觀中情誼的傳承與連繫。學生會成員付出不少時間及心力籌辦活動，希望能為中六同學送上滿滿的祝福。很開心能見到中六學生表現投入，希望他們都能全力以赴，莫問前程凶吉，但求落幕無悔。」



「龍年送福迎新歲」新春送暖活動

本校手工藝學會、輔導組與家長教師會合辦新春送暖活動，分別於1月31日及2月5日到圓玄護養院暨長者日間護理中心及順利安老院探望長者，送上節日的祝福與關懷。活動中，手工藝學會成員與家長們特別預備了新春賀年中國剪紙與水仙花，在社工和大哥哥、大姐姐的帶領下，由中一、中二級同學向每位長者派發福袋，令院舍充滿熱鬧的節日氣氛。三十九位參與學生也有機會與長者交談，聆聽他們的心聲，充分發揮「老吾老以及人之老」的崇高精神。是次活動讓學生懂得關心社會外，也學會關愛家人，把中華文化的孝道發揚與傳頌。

科學科午間工作坊

三月底，科學科在禮堂舉行了一個科學工作坊，當中包括食用水球、洗潔精、胡椒粉等實驗，以及製作樹葉書籤、氣墊船滑行等體驗活動。中四學生透過多個與水及流體力學有關的實驗演示，向初中同學解釋複雜的化學原理，例如水的分子結構、表面張力、極性等一系列抽象的概念。活動後，同學可帶走屬於自己的書籤。中四學生分工明確，無論是實驗組或是匯報組的同學，都表示在這次活動中獲益良多，提升了溝通能力以及團隊的協作力。而參與活動的初中學生既有機會親手進行科學小實驗，也發掘到一些與食物相關的有趣科學知識。



HERO籃球友誼賽

在謝育麟老師的悉心安排下，本校獲得與藝人組成的Hero 籃球隊進行友誼比賽的機會。在比賽過程中，藝人們展現親民的一面，與學生在球場揮灑青春的汗水。雖然當日下著毛毛細雨，卻絲毫不減學生對籃球的熱愛以及藝人運動的英姿。當邱聖傑及呂顯銘老師出場時，球賽的氣氛更被推至頂峰。最終，體育科主任梁鳳英老師以跳投完美終結比賽。其後，一眾藝人親切地與同學們交流及拍照。在此，衷心感謝各位負責老師以及技術支援小組的協助，使球賽得以順利舉行。

全方位學習日

中一級

全方位學習日是一個極具教育價值的活動。對於中一學生而言，參觀沙田污水處理廠、馬鞍山濾水廠及元朗排水繞道是一個難得的學習機會。這些地方代表了現代城市的基礎建設。學生透過了解廠房的運作原理，增強了環保意識和科學知識。在沙田污水處理廠，學生可以學習到如何將污水轉化為可再利用的水資源。而在馬鞍山濾水廠，他們可以了解到飲用水的處理過程，以及如何確保水質安全。最後，參觀元朗排水繞道可以讓學生了解城市排水系統的運作，並學習到如何解決城市排水問題。這些實地參觀成為學生寶貴的經驗，加深他們對環境保護和城市基礎建設的認識。學生回校後，根據課堂學習到的科學知識，分組匯報各項設施的原理，把書本上的知識應用於日常生活中。



中二級

全方位學習日為中二學生提供了一個難得的戶外學習機會，他們到香港仔體驗漁村文化。這個活動不僅能讓學生認識到香港的文化遺產，還可以加深對漁業和海洋生態的了解。在漁村，學生可以近距離觀察漁民的生活和工作，明白他們的辛勤付出和面臨的困難。回到學校後，學生可以根據自己的體驗撰寫一篇描寫文，描述他們在漁村的所見所聞，包括漁民的生活方式、傳統漁業技術以及人與大自然的關係等。這樣的延伸練習不僅提升學生的寫作能力，還培養他們對本土文化的認識和欣賞能力。



中三級

全方位學習日為中三學生帶來了一個難得的機會，他們可以到M+博物館欣賞宋懷桂女士的作品。宋懷桂女士(1937-2006)是80至90年代中國精英文化圈中的傳奇人物。她既是新中國第一位擁有跨國婚姻的女性，也是中國藝術的先鋒，後來更成為了將法國時尚帶入中國的頭號標誌式人物。冷戰時代的中國幾近與世隔絕，宋懷桂女士與丈夫、來自保加利亞的壁掛藝術家萬曼(1932-1989)一起，擔當聯繫東西方的橋樑，為中國引入與國際接軌的現代生活方式。她是一位傑出的藝術家，其作品以獨特的風格和深厚的文化內涵而聞名。在博物館，學生可以近距離欣賞她的畫作、雕塑等藝術品，並對她的創作思想和風格有更深入的了解。回到學校後，學生可以根據自己的體驗設計一本展覽場刊，用以介紹宋懷桂女士的作品和生平。此外，學生還可以分組進行展覽介紹，每個小組負責研究一件作品，並在班級內互相分享。這不僅可以提升學生的藝術欣賞能力，還能培養他們的合作和表達能力。



中四級

全方位學習日為中四學生提供了一次難得的機會，讓他們可以前往大澳考察。大澳是香港一個具有悠久歷史和深厚文化的地方，同時也擁有豐富的自然生態。考察期間，學生由導遊帶領，深入了解大澳的歷史文化和特色。導遊還介紹了大澳的傳統建築、歷史古蹟以及當地的傳統生活方式。同時，他們還向學生介紹大澳的自然環境，包括濕地、生態系統和保護區。學生可以近距離觀察生態系統，並學習到如何保護和尊重自然環境。這次的考察活動不僅擴展學生的知識面，還培養他們尊重不同文化的意識和環保觀念。



歷奇訓練

為了培養學生的領袖才能，了解團隊精神的重要性，牧護組為學生於保良局賽馬會大棠渡假村安排了歷奇活動。當日活動精彩紛呈，涵蓋了巨人梯、高空V索等挑戰項目，極其考驗同學之間的信任與協作。

其中，最具挑戰的就是巨人梯。兩人一組的參與者必須完全依靠彼此的力量，不憑借任何外部輔助，合作登上數米高的幾條木棍之上。而站在地面的同學則負責拉緊繩索，確保攀爬者的安全。由於任何一方的錯誤都可能導致任務失敗，因此這個環節充分體現了團隊協作的重要性。

通過這次歷奇活動，學生更加緊密地連結在一起，深刻體驗到分工合作是成功的關鍵。這次活動不僅是物理上的挑戰，也是心靈的歷練，為學生的成長奠定了堅實的基礎。



社會服務團活動

心聲傳遞——探訪天保民學校

4D 何玉琳

參與遊戲時我體會良多，意識到原來義工服務能為別人送上溫暖和歡樂。「社會服務」不是紙上談兵，而是要有確切行動。



5A 蔡家茜

在活動中，我們需與天保民學校的學生互相合作完成遊戲。一開始我十分緊張，不知道如何開展話題，但他們卻主動與我聊天，令我大感驚喜。在互相交流的過程中，我們有默契地完成了任務。從中，我領會到雖然他們未必與我們一樣，甚至在某方面有缺陷，但他們的主動和熱情卻深深打動了我；或許我們不能完全理解對方的意思，但亦保持耐心去聆聽。活動真的令我獲益良多！

長幼有序——探訪長者中心

4A 譚焯霖

4月19日，我帶着精心預備的禮物到長者中心進行探訪。我們一共探訪了三位老人家，雖然他們口齒不清，手不停地顫抖，但十分和藹友善，積極利用身體語言和我們溝通，例如把我們形容為「美少女」，也用手指指着肚臍，表示我們「心地好」等。我們



被他們的熱情感染，迅速打成了一片。

探訪的時間雖短暫，卻令我有一番體會。這次探訪活動讓我們親身接觸不同的長者，增強了我的溝通技巧，下次我會更加耐心地與他們交流，主動表達關心，擔當好「探訪者」的角色。



中華狀元紅

由公民教育組及中史科合辦的第十六屆『中華狀元紅問答比賽』，已於2024年3月8日、4月30日及5月

10日順利舉行，分別由1D、2A及3A奪魁。問答比賽的題目甚具挑戰性，內容包羅中國文學、中國歷史及中外時事。各隊競爭激烈，在最後的搶答環節更鬥得難分難解，旗鼓相當；台下同學積極為本班代表打氣，各位班主任亦到場給予鼓勵。

本組希望透過是次活動，提升同學對國學的興趣及多關注時事，成為與時並進的世界公民。



「團結一心 挑戰自我」大哥哥大姐姐訓練營

在和煦的陽光下，輔導組老師及社工於4月3日帶同大哥哥、大姐姐及學生輔導大使參加了挑戰自我訓練營。學生在西貢戶外訓練營參與訓練，當中「過橋」與「紮木筏」這兩個活動尤具考驗。隊員們需在有限的時間內分配工作，解決問題，考驗了同學之間溝通與協作能力。在他們遇到困難時，都懂得冷靜地制定方案，成功通過難關。過程中，隊員們互相扶持鼓勵，理解隊員的角色與定位，發揮極大的團隊精神。不少學生表示這個活動令他們領略到團隊合作的重要性，是難忘的一次體驗與學習。



感恩周

牧護組於2月26日至3月1日期間舉辦感恩週，旨在培養學生的感恩共情能力，並營造濃厚的感恩氛圍。



在感恩週期間，本組設有午間點唱活動，播放一系列的感恩歌曲，讓學生透過音樂感受到感恩的力量。此外，學校大堂還展示了感恩壁報板和感恩樹，學生可以在上面寫下對朋友和教職員的感謝話語。感恩樹上寫滿了真摯的句子，展現了同學間的友愛精神。

除此之外，學校還特別為參加公開試的中六師兄師姐籌備了一項打氣活動。中一學生利用「與關懷大使約會」活動期間，在摺紙上寫下對師兄師姐的祝福，並將這些摺紙貼在流動壁報板上，以表示鼓勵和支持，希望師兄師姐能夠發揮出最好的水平。

另外，午間點播站也成為學生最受歡迎的活動。關愛大使在午間讀出同學寫的感恩卡，代他們向朋友、老師和教職員表達心中的感激之情。隨後，播放多首舒緩的音樂，令同學們放鬆心情，感受到感恩週帶來的愉悅和溫馨。

感恩週的活動讓學生有機會反思和珍惜身邊的人和事物，學會了感恩、表達感謝，並在朋友和師生關係中建立了更加緊密的聯繫。感恩週的成功舉辦不僅加強了對學生的情感教育，也營造了學校的關愛文化氛圍，讓學習環境更加溫馨和融洽。

希望在未來的日子裡，學生能夠保持及延續這份感恩之心，成為他們成長路上重要的一部分。



為你打氣 送上祝福



「4月9日是你們開始獨自與DSE考試拼搏的日子，我們會默默為你們打氣，祝你們成功！」活動統籌曾震山及徐美霞老師在心裡許下這個祝願。為給予應屆中六文憑試考生們支持，輔導組一眾老師及社工們透過「給DSE考生的一句話」心意卡書寫活動，鼓勵他們勇於克服困難，迎難而上，為光明的前路奮進。同時，輔導組亦參與了由香港基督教青年會「THE BEST IS YET TO COME——為DSE學生打打氣2024」的活動，藉此將正能量發送至全港DSE應屆考生，打氣卡亦於考試期間在上述機構展示，給予考生支持和鼓勵。在此，再一次為中六同學送上我們的祝福——祝你們前程似錦、鵬程萬里！

希望在中六同學送上我們的祝福——祝你們前程似錦、鵬程萬里！

源流

第七十期

觀塘官立中學
九龍順利邨順緻街九號
二零二四年六月